


From: Michelle Cunningham michellecunningham555@gmail.com 
Subject: Congratulations! You have been selected to present at the 53rd AAPB Annual Scientific Meeting
Date: March 25, 2023 at 2:22 PM
To: m.buning@fsu.edu, agess@mailbox.sc.edu

MC

SUBJECT: Congratulations! You have been selected to present at the 53rd AAPB Annual Scientific Meeting

Dear Megan and Ashley,

On behalf of the Association for Applied Psychophysiology and Biofeedback (AAPB), I am pleased to inform you that your proposal has been accepted for presentation at the upcoming 53rd Annual Scientific Meeting – May 31-June 3, 2023 in Orlando, Florida. The following proposed presentation or workshop went through a peer-review process and was deemed of high quality and interest and has been accepted and scheduled for presentation as follows:

Your abstract will be part of ORAL02 60-minute Oral Presentation Symposia Session (multiple presenters and topics). These 15-minute abstract presentations will be featured by the authors. Time for Q&A is allocated.

Title: Transferring across Fields: Applying Instructional Rounds to Deliver Mental Performance Training

Session Date: 6/3/2023

Session Time: 8:30 am - 9:30 am

Session Type: Oral Presentation Session

Session Code: ORAL02B

Session Length: 15 minutes

Session Synopsis: Instructional rounds (IR) is an education professional development model (molded from medical rounds) to help professionals work within a community to identify and address issues of practice (City et al., 2009; Roegman & Riehl, 2012) that are not currently used in the sport psychology field. Briefly, IR engages peer groups in iterative, structured feedback cycles toward improving their practice in long-term ways. IR involves the use of collective behavior/action observation, group debrief and discussion of improvement strategies, and commitment to change. Documented results of IR include increased trust among peers and establishment of a supportive professional network (City, 2011; Marzano, 2011). The authors conducted a two-year study using virtual IR to deliver mental performance training (MPT) to collegiate softball umpires (n = 137) in an effort to influence umpires' self-efficacy to perform. Results revealed umpires that completed MPT through IR (n = 50) over the course of a season increased significantly from pre-to post-season in overall self-efficacy and four subscales of self-efficacy (occupational, ability to regroup, resilience, and control distressing

thoughts) when compared to umpires that received one-stop workshop MPT (n = 50) and control group umpires (n = 37). Guided by study results, this presentation will teach attendees how the process of IR can be used to deliver MPT to clients. The learning objectives are to introduce the background of IR (City et al., 2009; Teitel, 2009), and to demonstrate the evidence-based utility of IR for MPT delivery. This presentation is targeted for practitioners who are interested in a facilitative role by working with clients in a group approach to help clients build collaborative skills, make lasting changes in managing mental performance issues, and help clients build a network within their setting.

Track: Hot Topics

Level: Intermediate

Focus: 80% Clinical/30% Research

Target Audience: Professionals interested in learning a new approach to group training (mental skills) and/or working with game officials.

Primary Presenter/Abstract Contact: Megan Buning, m.buning@fsu.edu, 6628018192

Co-Presenter(s):

- Ashley Gess

Learning Objectives:

- Recognize differences between IR and evaluation/supervision.
- Outline how to use IR within a small group setting.
- Incorporate video analysis into mental skills training.

**** Please be sure to coordinate with your co-presenter(s) to ensure the success of this presentation.*

ACTION ITEMS:

1) The schedule of events is preliminary and tentative. We appreciate that circumstances may have changed since you submitted your content for consideration. We are happy to make modifications to your submission to accommodate when possible. **If you are no longer able or interested in presenting, please notify us as soon as possible. Please reply to this email with indication of your preferred option:**

Presentation Delivery Method Preferences

- I intend to travel to Orlando to present this content in person.
- I will be unable to present in person in 2023, Please carry over my submission for 2024 consideration.
- Please withdraw this submission for 2023 and all future consideration.

**Only keynote presentations and select non-concurrent sessions will be offered virtually in 2023 – due to expense and organizational capacity.

2) The above listing is how your information will appear in the onsite guide and promotional information. If you intend to participate in 2023, **please review the above session information carefully and notify us of revisions and provide any missing** information by April 15, 2023.

3) Please review the **attached speaker confirmation packet and** return to us as specified. The attached document includes the following (you will receive a separate packet for each accepted session):

- **Speaker Agreement Form** (Deadline: April 15, 2023)
- **Waiver and Consents** (Deadline: April 15, 2023)
- **Hotel Information** (Reservation Deadline: May 8, 2023)
- **Presenter Compensation Information**
- **Presentation Development** (Presentation Deadline: May 10, 2023)
- **Audio Visual Information**

We recommend that you keep copies of all forms and familiarize yourself with all the time sensitive requirements. If you have any questions about this information, or have special circumstances requiring attention, please contact us at info@aapb.org or (800) 477-8892.

Thank you for your partnership in helping AAPB to provide a meaningful and relevant educational experience. Looking forward to seeing you at the show!

Sincerely,

Fredric Shaffer, PhD

2023 AAPB Annual Conference Chair

AAPB President

