

To whom it may concern:

Thank you for your interest in the Genuine Happiness Scale (GHS). Please feel free to use the scale in your research. The appropriate reference is listed below.

Best,

Myriam Rudaz, Ph.D.

e-mail: mrudaz@fsu.edu

Reference: Rudaz, M., Ledermann, T., & Fincham, F. D. (in press). Initial development and validation of a brief scale to measure genuine happiness in the USA. *Journal of Religion and Health*.
doi:10.1007/s10943-022-01659-6

Coding: The items are rated on a 5-point scale ranging from 0 (never) to 4 (regularly). A total score can be computed by calculating the mean of the four items.

Genuine Happiness Scale (GHS)

Please indicate how often you experience the following.

Rating scale: Never (0), Rarely (1), Sometime (2), Often (3), Regularly (4)

1. I experience an inner joy, no matter what the external circumstances are.
2. Deep within me I retain an inner peace, regardless of the external circumstances.
3. When I am going through difficult times, I can relate to a sense of inner peace.
4. When I am going through difficult times, I feel guided by the wisdom of my heart.