

BULLYING STATISTICS

IF YOU ARE EXPERIENCING BULLYING, YOU ARE NOT ALONE



HOW COMMON IS BULLYING?

- About 20% of students ages 12-18 have experienced bullying.
- About 19% of high school students have been bullied at school, yet less than half reported it.
- Males are more likely to be physically bullied. Females are more likely to be the subject of rumors.
- Students ages 12-18 reported various types of bullying, including: being the subject of rumors or lies (13.4%), being made fun of, called names, or insulted (13.0%), being pushed, shoved, tripped, or spit on (5.3%), being excluded from things (5.2%), being threatened (3.9%), being made to do things they did not want to do (1.9%), and having property destroyed on purpose (1.4%).

CYBERBULLYING STATS

- One in five (20.9%) youth 9 to 12 years old have been cyberbullied, have cyberbullied others, or have witnessed cyberbullying.
- Youth who were cyberbullied reported that it negatively impacted feelings about themselves (69.1%), friendships (31.9%), physical health (13.1%), and schoolwork (6.5%).
- Youth reported using a variety of strategies to stop cyberbullying including blocking the person (60.2%), telling a parent (50.8%), ignoring the person (42.8%), reporting it to the website/app (29.8%), and taking a break from their electronic device (29.6%).

DIVERSITY

- Experiencing cyberbullying was higher among gay, lesbian, and bisexual (27.1%) and unsure (22.0%) versus heterosexual (13.3%) students.
- Experiencing bullying at school was higher among gay, lesbian, and bisexual (33.0%) than heterosexual (17.1%) and unsure (24.3%) students.
- The most common reasons for being bullied include physical appearance, race/ethnicity, gender, disability, religion, and sexual orientation.

TAKEAWAYS

- Bullying can make you feel isolated, but you are not alone.
- Bullying can also make you think there is a problem with you. Understanding how common bullying is can help you see that you are not the problem.
- Remember there is strength in numbers. Form an alliance with a friend/friends, so that you can support one another.
- Bullying is so common that all states have anti-bullying legislation. When harassment happens at school, schools have a legal obligation to respond according to federal laws.

References

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