# COUNSELOR EDUCATION STUDENT HANDBOOK

# MASTER OF SCIENCE (M.S.) AND SPECIALIST IN EDUCATION (Ed.S.) DEGREES IN COUNSELING AND HUMAN SYSTEMS

Career Counseling, Clinical Mental Health Counseling, and School Counseling



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Websites:

**Career Counseling** 

**Clinical Mental Health Counseling** 

**School Counseling** 

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## INTRODUCTION

The Psychological and Counseling Services program consists of two degree tracks in both counselor education and psychological services (See Figure 1). The counselor education track consists of three majors: Career Counseling, Clinical Mental Health Counseling, and School Counseling. The actual name of the MS/EdS degree is Counseling and Human Systems. The Career Counseling, Clinical Mental Health Counseling, and School Counseling MS/Ed.S. majors at Florida State University reflect a practitioner-oriented model and the professional experience and research interests of the faculty within the context of the College of Education's mission. Faculty members in the Psychological and Counseling Services Program have work experience and research interests related to the provision of: (1) career counseling services for adolescents in school settings and adults in postsecondary/higher education and related organizational settings, (2) mental health counseling of children and adolescents in community and school settings, and adults in community, agency, and educational settings; (3) school counseling working with community stakeholders, educators, parents, and students to produce optimal outcomes for students in PK-12 educational settings.

#### MISSION AND OBJECTIVES

The Counselor Education degree program's mission is to provide high quality training that reflects current research and prepare professional counselors for positions in public and private settings within a multicultural and pluralistic world. The curriculum for MS/Ed.S. counseling majors will lead to eligibility for certification and licensure as professional counselors. Professional counselors promote the social, psychological, physical, and spiritual health of individuals, families, communities, and organizations. The Counselor Education program provides students with the opportunity to obtain a wealth of common core generalist counselor knowledge, while specializing in Career Counseling, Clinical Mental Health Counseling, and School Counseling. The mission is achieved through the following objectives, which are based on input from faculty, students, alumni, supervisors and employers:

- A. To provide a quality education to persons pursuing Master of Science/Education Specialist degrees in Counselor Education, while specializing in Career Counseling, Clinical Mental Health Counseling, and School Counseling.
- B. To provide Master's/Ed.S.-level graduate students with quality clinical training and understanding of professional issues in the areas of career counseling, clinical mental health counseling, school counseling, general counseling, and case management.
- C. To prepare Master's/Ed.S.-level graduate students with knowledge and skills in providing effective individual and group counseling in a multitude of settings.
- D. To provide students with skill and knowledge in conducting needs assessment and research in the field of counseling.

- E. To prepare Master's/Ed.S.-level graduate students with knowledge and skill in effectively addressing issues and concerns related to diverse populations.
- F. To provide skill and knowledge in the application of ethical and legal principles in the practice of counseling.

The counselor education majors also relate to the College of Education mission statement, which is "to extend the frontiers of knowledge relevant to individual learning and social progress in diverse societies by carrying out innovative and rigorous research into areas of educational inquiry. Notably the College applies that knowledge through the study and development of effective policies and the education of future teachers, sport administrators, educational leaders, policy-makers and scholars at the local, state, national and international levels." We note that extending the frontiers of knowledge within a pluralistic society includes addressing present and projected counseling and human development needs. This mission is achieved through the following efforts:

- 1. Creating and sustaining a culture of academic freedom, intellectual curiosity, unfettered communication and academic rigor as well as the institutional support necessary to support cutting edge research in all areas of education. Human services specialists include career, clinical mental health, and school counselors. Each academic offering has been designed to meet current accreditation standards and all faculty are actively engaged in research. The Career Counseling and Clinical Mental Health Counseling majors are currently accredited by the Council for Accreditation of Counseling and Related Educational Programs (CACREP, <a href="www.cacrep.org">www.cacrep.org</a>). The school counseling program is accredited by the Florida Department of Education.
- 2. Sharing its knowledge and skill with the local, state, national and international community by supporting research relevant to the application of new knowledge to educational problems. Our students are encouraged to participate with faculty in the creation and dissemination of knowledge through research, publications and presentations locally, nationally and internationally.
- 3. Provides for the educational future of the communities it serves through high quality instruction of prospective teachers, education leaders, policy-makers and scholars. *Our courses meet current accreditation standards and reflect the most recent research*.
- 4. Promotes a strong sense of community and collaboration both within the College and between the College and the communities it serves. *Our students are engaged with local schools, higher education institutions, centers and agencies as a required component of their training.*

In view of the professional experience and research interests of the faculty, and the College of Education's mission, students completing the Career Counseling or Clinical Mental Health Counseling M.S./Ed.S. degrees are expected to concentrate their efforts in one or more of the following areas:

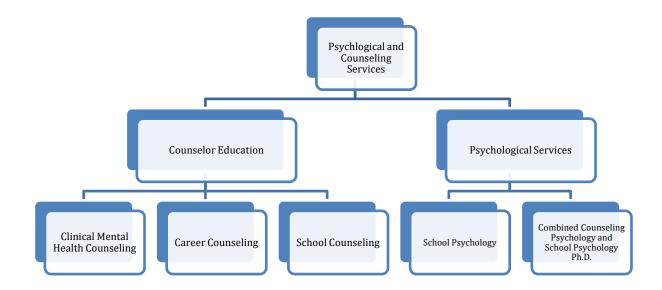
- 1. **Career Counseling** for adolescents and adults in school or postsecondary/higher education settings, or for adults in organizational settings where education and training is a principal component of human resource development.
- 2. **Clinical Mental Health Counseling** for children and adolescents in community and school settings where education is a principal component in delivering services, and for adults in community and educational settings where psycho-educational processes and lifelong learning are emphasized.
- 3. **School Counseling** for working with students in K-12 school settings

Students who graduate with an M.S./Ed.S. degree from the Counselor Education Program are expected to develop competencies that will allow them to obtain positions as licensed or certified practicing counselors. The faculty encourage M.S./Ed.S. applications from individuals who have career goals that are congruent with the College of Education's mission. Applicants' personal goal statements should indicate clearly how their interests relate to one or more of the major areas described above.

#### **DEGREES OFFERED**

The College of Education offers the following degrees within counseling:

Master of Science (M.S.) and Specialist in Education (Ed.S.) degrees in Counseling and Human Systems with majors in: Career Counseling, Clinical Mental Health Counseling, and School Counseling. Note: These degrees require a combined M.S./Ed.S. program of study. A figure depicting all of the degrees and majors offered in the Psychological and Counseling Services (PCS) Program is presented in Figure 1:



## LENGTH OF STUDY

The Career Counseling and Clinical Mental Health Counseling degrees can typically be completed in five semesters of full-time study (Fall 1, Spring 1, Summer 1, Fall 2, and Spring 2 for completing coursework and internship). The School Counseling degree is usually completed in eight semesters of part time study. Individual student circumstances may result in longer periods of study.

#### **Diversity Policy**

The Florida State University is committed to a policy of non-discrimination for any member of the University's community on the basis of age, career experience, color, communication style, culture, disability, educational level or background, employee status, family status, function, gender, gender expression, gender identity, language, management style, marital status, national origin, organizational level, parental status, physical appearance, race, regional origin, religion, thinking style, speed of learning, comprehension, or sexual orientation. This policy applies to faculty, staff, students, visitors, applicants, and contractors in a manner consistent with applicable federal and state laws, regulations, ordinances, orders and rules, and the University's policies, procedures, and processes.

The Florida State University encourages the enrollment of students with disabilities and recognizes their special needs. The Student Disability Resource Center (SDRC), the main advocate for students with disabilities, monitors environmental, social, and academic conditions affecting students with disabilities and the reasonable accommodation process. Assistance in registration and housing is also available through this office. More information on the SDRC can be found at <a href="http://dos.fsu.edu/sdrc/">http://dos.fsu.edu/sdrc/</a>. For more information on FSU diversity policies, visit: <a href="http://diversity.fsu.edu/">http://diversity.fsu.edu/</a>.

#### Degree Program Planning for MS/Ed.S Students

The *General* and *Graduate University Bulletins* are available on the FSU Web site: (http://registrar.fsu.edu/bulletin/). Applicants are responsible for reading carefully those sections covering all graduate programs and the special regulations for graduate majors in education. Consult with your advisor/major professor to obtain information about department policies and requirements, and follow the directions for planning your degree program. If you have any questions regarding this information, contact the College of Education (COE) Co-Director for Graduate Studies, Lisa Beverly, at lbeverly@fsu.edu or the Office of Academic Services and Intern Support (OASIS) at (850) 644 -3760.

Deadline dates are online at <a href="https://education.fsu.edu/student-resources/student-academic-services-oasis/for-graduate-students">https://registrar.fsu.edu/calendar/</a>. You are advised to check the OASIS and Registrar's Office websites frequently as deadlines and dates are subject to change. It must be emphasized that <a href="preparing and following a correctly planned degree program is the responsibility of each graduate student">https://educate-student</a>. The major professor, committee members, and staff are eager to give all assistance possible, but the responsibility rests with the student.

# **Speak Test**

The SPEAK test is administered by the Center for Intensive English Studies to international students who have been appointed or will be appointed as teaching assistants in an academic department at Florida State University. If your native language is not English and you are going to be a TA, you should take the SPEAK test when you arrive at FSU. If you have scored 26 or higher on the speaking part of the IBTOEFL, you do not have to take SPEAK: https://cies.fsu.edu/programs/english-academic-purposes/speak-exam-information.

#### **Financial Aid**

# **General Information**

Florida State University recognizes the high cost of education today and makes every effort to offer financial assistance through a variety of programs to qualified graduate students. In addition to providing funds on the basis of demonstrated financial need in the form of grants, work study awards, and loans, the University offers scholarships to recognize and reward talent, academic achievement, and meritorious performance. Graduate students may apply for long-term loans and college work-study. Graduate fellowships and assistantships are awarded through the Graduate School (<a href="www.gradschool.fsu.edu/Funding-Awards">www.gradschool.fsu.edu/Funding-Awards</a>) and the respective academic and selected university departments. Students should apply for these awards well in advance of the semester in which they seek to enroll.

The FSU Office of Financial Aid is committed to guiding students through the process of applying for financial aid. Help in completing financial aid forms is available from professional financial aid counselors located in the *University Center, Building A, Room 4400*. Assistance is also available by calling the Express Telephone System (ET) from 8:00 a.m. through 6:00 p.m. at (850) 644-0539. (Hours of operation are Monday through Friday from 8:30 a.m. to 5:00 p.m.) The Information Center is open Monday through Friday from 8:30 a.m. to 5:00 p.m. Telephone counseling is available Monday through Friday 8:30 a.m. to 5:00 p.m.

Once an application for admission has been submitted, students may monitor their financial aid status by visiting <a href="http://financialaid.fsu.edu">http://financialaid.fsu.edu</a>. This site will also provide information on any outstanding documents required to complete the financial aid file. Upon admission and completion of the financial aid file, a student's financial aid award is also found on this site.

Graduate students may apply for federal loans and federal work-study by completing the Free Application for Federal Student Aid (FAFSA) at <a href="www.fafsa.ed.gov">www.fafsa.ed.gov</a>. Graduate fellowships and assistantships are awarded through the Graduate School and selected university departments. More information on College of Education scholarships and aid can be found at: <a href="http://education.fsu.edu/student-resources/scholarships-and-aid">http://education.fsu.edu/student-resources/scholarships-and-aid</a>.

Other financial aid is available in several forms, including special fellowships for minority students. The amount available varies each year. By April 15th of each year, all offers of financial assistance are binding on both the applicant and the institution, in accordance with the resolution approved by the Council of Graduate School <a href="https://cgsnet.org/current-cgs-members">https://cgsnet.org/current-cgs-members</a>.

#### **Fellowships**

The University offers a variety of fellowships. Some require duties and some do not. Students should check with their graduate department for awards available in their discipline. Students must apply directly to their academic department. More information can be found at: <a href="http://education.fsu.edu/student-resources/scholarships-and-aid">http://education.fsu.edu/student-resources/scholarships-and-aid</a>. and on the Graduate School Web site: <a href="http://gradschool.fsu.edu">http://gradschool.fsu.edu</a>.

#### Assistantships

Graduate assistants are selected by academic and related campus departments for duties connected with instruction, research, and student services, which are of mutual benefit to the University and the student. Only students with full-time graduate student status are eligible for graduate assistantships. Special and provisional students are ineligible.

Students are encouraged to apply to campus departments related to their areas of interest, e.g., <u>Career Center</u>, Dean of Students, etc. Stipends may vary depending on the amount of service rendered, the nature of the service, and the student's qualifications. Graduate assistantships

include a tuition waiver that covers a selected number of hours (typically ranging from 9-12 hours). Students should check with the department that is awarding the assistantship regarding the waiver amount and the process for receiving the tuition waiver.

# Career Advisor Scholarships

The Career Advisor Scholarship funds provide scholarships for students preparing for professional positions in career counseling and human resources in schools and other organizations. The successful candidate possesses a strong commitment to the field, a capacity to provide leadership to the profession, an outstanding academic record, and high productivity standards.

The seven established funds are the Alyce B. Bobkin Endowed Scholarship Fund, the Career Advisor Alumni Scholarship Fund, the Gary W. Peterson Endowed Scholarship Fund, the Herbert and Josie Rand Endowed Scholarship Fund, Joel Driver Fund, the Robert C. Reardon Scholarship Fund, and the Janet G. Lenz fund. Special award criteria exist for each fund.

More information can be found at <a href="https://www.career.fsu.edu/alumni-family-community/career-advisor-scholarships">https://www.career.fsu.edu/alumni-family-community/career-advisor-scholarships</a>. A faculty committee selects award recipients. Application forms are available from the Career Advisor Scholarship Coordinator, Dr. Robert Reardon, <a href="mailto:rreardon@fsu.edu">rreardon@fsu.edu</a>, 850-644-9777.

# ADVISEMENT AND REQUIREMENTS OF MS/EdS DEGREE STUDENTS

## General Expectations and Responsibilities of Students

MS/Ed.S. students are expected to be familiar with current policies and regulations of the Department of Educational Psychology and Learning Systems (EPLS) and of the College of Education's Office of Academic Services & Intern Support (OASIS), <a href="http://education.fsu.edu/student-resources/student-academic-services-">http://education.fsu.edu/student-resources/student-academic-services-</a> oasis, as they may apply to a particular program. Students are responsible for ensuring that all regulations involving deadlines and completion of specific requirements for each date are met.

Although courses are available to prepare students for the comprehensive portfolio and future professional roles, it is understood that competencies for both the portfolio and such roles cannot be achieved solely through coursework. Independent study and reflection are also necessary, as is continued learning through engagement in professional associations and conferences. Furthermore, it is the students' responsibility to initiate, through the supervisory committee chair, all of the procedures, actions, and forms required of the supervisory committee.

# **Academic Advisement**

Initially, students are advised by the program coordinator for their area who assists them in selecting a course schedule prior to the first semester of registration. This advisor assignment is used until a supervisory committee chair is selected and approved. The initial assignment is not binding for either the faculty member or the student.

#### **Program of Study**

Students have the responsibility, in consultation with their supervisory committees, to develop a program of study detailing their academic plan. Program of Study forms must be downloaded from the College of Education OASIS website:

https://education.fsu.edu/student-resources/student-academic-services-oasis/for-graduate-students. To note, Counselor Education program no longer offers a thesis track; the program offers a course-track only.

Students should download and retain the Master's Program of Study and Specialist's Program of Study so that future changes to the form can be readily submitted. It is the student's responsibility to keep all Program of Study forms updated and to make sure degree requirements are being met.

Students must have their program of study signed by their supervisor committee no later than March 1st during the first spring semester. Programs of study are to be filed and approved by the department chair no later than the fifteenth week of the first spring semester. (Note: Programs of study may be modified at a later time with the approval of the supervisory committee). Each program of study will reflect the academic requirements of the student's major area. Students seeking a MS/Ed.S. degree in Counseling and Human Systems must stipulate their Counselor Education major area on their program of study form.

#### **Transfer of Credits & Special Student Hours**

Transfer of courses not counted toward a previous degree from another regionally accredited graduate school is limited to six semester hours and transfer of courses not counted toward a previous degree within Florida State University is limited to twelve semester hours, except when the departmental course requirement exceeds the thirty-two-hour University-wide minimum requirement. In the latter case, additional transfer credit may be allowed to the extent of the additional required hours. In all cases, the majority of credit must be earned through Florida State University or its official consortia institutions. All transfer credit must: 1) be recommended by the major department; 2) be evaluated as graduate work by the evaluation section of the Office of Admissions of Florida State University; and 3) have been completed with grades of 3.0 ("B") or better. In order to have transfer credit or FSU special student credit

posted to the FSU transcript, an official transcript must be provided with the signed Program of Study.

## **Supervisory Committee Selection**

Students in Career Counseling or Clinical Mental Health Counseling, seeking a Master of Science (M.S.)/ Specialist in Education (Ed.S.) degree will be assigned a supervisory committee by the counselor education coordinator by the end of their first semester of full-time graduate study. Each supervisory committee will consist of three counselor education faculty members, one of whom will serve as the student's committee chair. The supervisory committee chair's role is to approve the student's program of study and provide academic advising. The supervisory committee chair and the two additional supervisory committee members must be faculty members in the counselor education majors.

#### **Counselor Education Track Transfer Options**

The Counselor Education Faculty understand that students who originally applied to a certain track (Career, Clinical

Mental Health, and School) may find that It is not right for them. Students must request a transfer before the end of

the first semester of their first semester. Therefore, students who wish to transfer to another counseling track must

do the following in order:

- 1. Contact your track faculty member to have a meeting about around changing to a different track;
- 2. After you talked to and received approval, you must speak with the faculty of the track that you want to change to and a schedule a meeting;
- 3. Write a personal statement expressing the reason why you want to change, why you are interested in this track you wish to change to, your career plans with this track, and submit a resume:
- 4. Faculty will discuss your request to change at a faculty meeting; and
- 5. You will receive a formal letter from Alyssa Weiskopf as to the status of whether the change was approved or denied.

If you have questions please contact Dr. Erik M. Hines (emhines@fsu.edu), Counselor Education coordinator, Alyssa Weiskopf (aweiskopf@fsu.edu), or any Counselor Education faculty member.

#### **Comprehensive Portfolio**

The purpose of the comprehensive portfolio is to allow MS/Ed.S. candidates to demonstrate mastery of the knowledge base acquired in the MS/Ed.S. programs. Students are cleared by their major area coordinator to complete the comprehensive portfolio. Clearance for completing this portfolio is based on evidence of a

3.00 grade point average and confirmation by the major area coordinator that the student is in good standing. Students must register for this portfolio, MHS 7962 for 0 credit, during or prior to the semester in which it is given. At the start of the final spring semester, students will receive emails from the EPLS program assistant regarding online registration and payment (\$50) for the exam. Counseling students graduating in the summer semester can take the comprehensive exam during the spring administration. In order for any accommodations to be made for any portion of the comprehensive portfolio, the student must be registered at the Office of Accessibility Services (OAS). Failure to achieve a passing score on the comprehensive portfolio will be addressed by the student's supervisory committee through the creation of a remedial plan.

## Policy and Procedures for the M.S./Ed.S. Comprehensive Portfolio

# Policy

The Comprehensive Portfolio covers the eight common- core areas as defined by the 2016 CACREP Standards for

Preparation: 1. Professional orientation and ethical practice; 2. Social and cultural diversity; 3. Human growth and development; 4. Career development; 5. Helping relationships; 6. Group work; 7. Assessment and 8. Research and program evaluation. Students will submit the following items through Via for the portfolio: (A) Title Page (Name, Specialty Area-Career, (B) CMHC, or School), Resume, (C) Five Year Plan of Action, (D) Counseling Framework or Orientation, and (E) Specialty Area Questions.

# **Procedures**

- 1. Students in the second year of their programs of study (i.e. normally the second spring semester) will complete their Comprehensive Portfolio.
- 2. Earning a passing score (i.e., Target) will satisfy completely the comprehensive portfolio requirement for the M.S./Ed.S. degree.
- 3. Should a student fail to achieve a passing score; the student's supervisory committee will develop a plan of action for mastering deficiencies identified in the portfolio.

#### **Practicum for Counselor Education Majors**

The program requires students to complete supervised practicum(s) that total a minimum of <u>100</u> clock hours for clinical mental health, career counseling, and school counseling students,

see Section III Professional Practice, 2016 CACREP Standards (cacrep.org). The practicum(s) provide(s) for the development of opportunity to perform, on a limited basis and under supervision, some of the activities that a regularly employed staff member in the setting would be expected to perform. A regularly employed staff member is defined as a person occupying the professional role to which the student is aspiring. The student's practicum:

- Includes a minimum of 40 hours of direct service work with clientele appropriate to the student's specialization that contribute to the development of counseling skills. Students who are unable to complete the 40 clock hours of direct service during practicum must complete those hours prior to accruing internship hours. Students will meet with the program coordinator to develop a plan for completing and documenting these hours.
- Allows the student to gain supervised experience in individual and group interactions with clientele appropriate to the student's specialization.
- Includes a minimum of one hour per week of individual and/or triadic supervision by (1) a counselor education program faculty member, (2) a student supervisor who is under the supervision of a counselor education program faculty member, or (3) a site supervisor who is working in consultation on a regular schedule with a counselor education program faculty member in accordance with the supervision agreement.
- Includes a minimum of one and one-half hours per week of group supervision
  with other students in similar practica or internships by a counselor education
  faculty member supervisor. Group supervision must be provided by a counselor
  education program faculty member or a student supervisor who is under the
  supervision of a counselor education program faculty member.
- Allows the student to become familiar with a variety of professional activities other than direct service work.
- Allows the student to record sessions for use in supervision, of the student's interactions with clientele appropriate to the student's specialization.
- Allows the student to gain supervised experience in the use of a variety of
  professional resources such as appraisal instruments, computers, print and nonprint media, professional literature, and research.
- Includes formal evaluation of the student's performance during the practicum by the program faculty- member supervisor.
- Is commensurate, if appropriate, to the student's specialization, with the State of Florida licensure requirements for Clinical Mental Health Counselor, the

credentialing requirements for Career Counseling, and Florida Department of Education certification requirements for School Counseling.

• Will be pre-approved by the Major Area Coordinator.

According to 2016 CACREP standards, the direct service refers to "supervised use of counseling, consultation, or related professional skills with actual clients (can be individuals, couples, families, or groups) for the purpose of fostering social, cognitive, behavioral, and/or affective change." These activities must involve interaction with others and may include: (1) assessment, (2) counseling, (3) psycho-educational activities, and (4) consultation. The following would not be considered direct service: (1) observing others provide counseling or related services, (2) record keeping, (3) administrative duties, (4) clinical and/or administrative supervision.

Each student must have a minimum of a B- in MHS 5400 Introduction to Counseling Theories and Techniques in order to enroll in MHS 5801 Practicum in Counseling.

A student cannot start Internship (SDS 5820) in the 2<sup>nd</sup> Fall (3<sup>rd</sup> Fall for school counseling students) semester without successfully passing Practicum (a minimum grade of B in Practicum: MHS5801). While on practicum, students are formally evaluated by their site supervisor at midpoint in the semester and again at the end of the semester. Any item that receives a rating of "0" or a grade below B at midterm requires a discussion with the site supervisor as to how to improve on that competency and a remediation plan through the supervisory committee. Students must have a 1 (minimally acceptable) or higher on all items on the final evaluation to pass practicum. Failure to achieve a satisfactory score on the final practicum evaluation form needs to be addressed by the student's supervisory committee through a remedial plan.

#### **Internship for Counselor Education Majors**

The basic purpose of the internship program is to allow students to apply knowledge, skills, and professional values to actual practice settings in the community. The on-site work experience provides an opportunity to integrate theory and practice. The internship is a reciprocal arrangement: Students exchange their work in return for on-the-job training and experience in the field. The end result is ultimately the promotion of professional development, integration, and reinforcement of competence. Hopefully, the internship program solidifies for students a sense of professional identity. The service delivery setting, the interaction with staff and clients or students, the realities and responsibilities of the helping process, and the conscious application of ethical principles, combine to result in the personal knowledge and commitment necessary to enter the field of counseling.

A supervised internship of 600 clock hours is required, depending on major, which is begun only after successful completion of practicum (MHS 5801). Students normally complete the

Clinical Mental Health Counseling and Career Counseling internships in two semesters and School Counseling in one or two semesters (depending on Program of Study Choice).

According to CACREP 2016 standards, Clinical Mental Health Counseling students need to complete 700 hours of clinical practices: 100 hours for practicum and 600 hours for internship. Based upon the licensure requirement from the state of Florida, students must have 700 hours of supervised clinical training prior to graduation to be eligible for licensure examination, including experience leading groups. Thus, for graduation purpose, students are required to complete 700 clinical hours, of which 280 hours must be direct service hours (40 hours of practicum and 240 hours of internship).

Career Counseling students must complete 700 clock hours, which includes at least 280 clock hours of direct services, including experience leading groups (40 hours of practicum and 240 hours of internship).

School Counseling students must complete 700 clock hours, which includes at least 280 clock hours of direct services, including experience leading groups (40 hours of practicum and 240 hours of internship).

The internship provides the opportunity for the student to perform all the activities that a regularly employed staff member in the setting would be expected to perform. "A regularly employed staff member" is defined as a person occupying the professional role to which the student is aspiring. The student's internship:

- Includes a minimum number of clock hours of direct service work with clientele appropriate to the student's specialization. For clinical mental health counseling, this is 240 hours that include serving persons with disabilities, and for career counseling it is also 240 hours.
- Includes a minimum of one hour per week of individual and/or triadic supervision with a supervisor having appropriate professional qualifications for the student's specialization, provided by (1) the site supervisor, (2) counselor education program faculty, or (3) a student supervisor who is under the supervision of a counselor education program faculty member.
- Includes a minimum of 1.5 hours per week of group supervision. Group supervision must be provided by a counselor education program faculty member or a student supervisor who is under the supervision of a counselor education program faculty member
- Allows the student to become familiar with a variety of professional activities other than direct service work.

- Allows the student to record sessions for use in supervision, of the student's interactions with clientele appropriate to the student's major area.
- Allows the student to gain supervised experience in the use of a variety of
  professional resources such as appraisal instruments, computers, print and nonprint media, professional literature, and research.
- Includes formal evaluation of the student's performance during the internship by a program faculty- member supervisor.
- Is commensurate, if appropriate, to the student's specialization, with the State of Florida licensure requirements for Clinical Mental Health Counselor, the credentialing requirements for Career Counseling, and State of Florida certification for School Counseling.
- Must be approved by the major area coordinator.
- Begins in Fall 2 for Career Counseling students, Summer 1 for Clinical Mental Health Counseling students, Fall 3 for School counseling students as approved by the student's supervisory committee and the major area coordinator.
- Requires that the application form from the internship handbook be signed by the major area coordinator. A copy of the application form will be maintained in the student's program file.
- Can only be begun if the student has earned a minimum grade of B in MHS 5801.

According to 2016 CACREP standards, the direct service refers to "supervised use of counseling, consultation, or related professional skills with actual clients (can be individuals, couples, families, educators, students, or groups) for the purpose of fostering social, cognitive, behavioral, and/or affective change." These activities must involve interaction with others and may include: (1) assessment, (2) counseling, (3) psycho-educational activities, and (4) consultation. The following would not be considered direct service: (1) observing others provide counseling or related services, (2) record keeping, (3) administrative duties, (4) clinical and/or administrative supervision.

A student cannot start the Internship (SDS 5820) in the 2nd Fall semester and 2nd spring semester without successfully passing the Practicum (MHS 5801) in the 1st summer semester and 2nd fall semester, respectively (CMHC and Career students only). For school counseling students, they must successfully pass Practicum (MHS 5801) in the 2nd spring semester. While on internship, students are formally evaluated by their site supervisor at midpoint in the semester and again at the end of the semester. Any item that receives a rating of "0" or

Unsatisfactory at midterm requires a discussion with the site supervisor as to how to improve on that competency and a remediation plan through the supervisory committee. Students must have a 1 (Minimally Acceptable) or higher on all items at the final evaluation to pass internship. Failure to achieve a satisfactory score on the first internship or on the final internship needs to be addressed by the student's supervisory committee through a remedial plan.

#### **Student Initiated Site Change or Termination**

Faculty recommend students complete at least two of their three semesters, if not all, clinical work at the same site. Students may not change internship sites without first consulting the clinical coordinator and/or faculty supervisor and their current site supervisor. Students must present legitimate reasons for changing sites (e.g., ethical or professional issues, maltreatment, inability to gain sufficient hours) to the clinical coordinator and/or faculty supervisor.

Based on the concerns listed, the intern, the site supervisor and faculty supervisor and/or clinical coordinator will discuss the issues and determine whether a solution at the existing site is possible. The student may be asked to continue placement until the end of the semester with an agreement that a change of placement will occur for the following semester. If no solution is possible, the student will proceed with the termination process and begin collaborating with the clinical coordinator and/or faculty supervisor to identify a new site.

Upon permission to change sites, the student must engage in the appropriate termination process with their clients and the site, which may include but is not limited to a letter of resignation stating their decision to leave, their last date, and the duties to be completed before leaving. Students must return all site property and material (e.g., manuals, files, keys, parking passes) by their last day on site.

Students are permitted to change sites one time during their clinical practice experience, including the transition from practicum to internship. Changing sites an additional time must be due to the reasons listed above or be initiated by the site or faculty supervisor and/or clinical coordinator.

#### **Administration Initiated Site Change or Termination**

When a site supervisor or faculty supervisor and/or clinical coordinator decides to terminate a student's placement, the intern, site supervisor, faculty supervisor and/or clinical coordinator will discuss the concerns. The site supervisor and faculty supervisor and/or clinical coordinator must provide a written summary of the reasons for termination and documentation of the student's performance via the CE disposition evaluation and/or the practicum and internship formative or summative evaluation.

If termination of the internship placement is due to unsatisfactory performance, the student will meet with their faculty supervisor and/or clinical coordinator, as well as additional CE faculty, to review the listed concerns, and if possible, devise a remediation plan. The student will receive an "F" or Unsatisfactory (U) in the MHS 5801 Practicum or SDS 5820 Internship course. The student is not

guaranteed another placement during that semester or the following semester and may be required to re-enroll in the course (MHS 5801 Practicum and SDS 5820 Internship) the next semester the course is offered. The student may not advance to SDS 5820 until all issues are resolved.

A student terminated by their site or faculty supervisor and/or clinical coordinator is permitted one additional opportunity to complete the practicum or internship course requirements. Upon failure to remediate and/or fulfill the program and course requirements the second time, the student will receive a grade of "F" or unsatisfactory (U) in the course and be dismissed from the program.

If termination is not due to unsatisfactory performance but unforeseeable circumstances (e.g., termination or resignation of site supervisor, no qualified supervisor on site, site closure), the student, site supervisor and/or the site manager or director must communicate changes upon their earliest convenience. The student, site supervisor and the faculty supervisor and/or clinical coordinator will collaborate to assist the student in completing the course and clinical requirements, which may include the completion of the appropriate performance evaluations and documentation. The student will begin collaborating with the faculty supervisor to identify a new site. If the student completed the course requirements but clinical hours remain unmet, the student will receive an Incomplete (I) and continue accruing hours the following semester.

## **Preparation for Certification and Licensure**

Professional counselors have the option of publicly demonstrating the attainment of generic and specialized knowledge and skill in counseling. Generic knowledge and skill in counseling is demonstrated by attaining National Certified Counselor (NCC) status. Specialized knowledge and skill in counseling is demonstrated by attaining one or more of the available specialized certification and licensure options.

Some employers require certification or licensure as a condition of employment, while other employers require that the applicant be eligible for certification or licensure as a condition of employment. In cases where certification or licensure is not required for employment, counselors attain these credentials as a statement of their commitment to professionalism and to enhance their future employment options. The faculty strongly encourages students to seek relevant credentials as one aspect of their professional development.

However, a degree in Counseling and Human Systems comprises only the <u>preparation</u> <u>component</u> of certification and licensure requirements. In most cases, additional experience, examination, and reference requirements exist, in addition to completing a graduate degree.

Completion of a degree at Florida State University does not guarantee subsequent certification or licensure. While Florida State University has the authority to grant degrees, only credentialing bodies, professional associations, and/or state government agencies have the power to grant certification and licensure. Students are responsible for accessing and processing applications for certification and licensure. The following chart contains a summary of certification and licensure options for students receiving degrees in Counseling and Human Systems.

Counseling Specialization	Type of Certification, Credential or Licensure	Sponsoring Organization
Career Counseling	Master Career Counselor Designation National Certified Counselor (NCC)	National Career Development Association National Board for Certified Counselors
Clinical Mental Health Counseling	Licensed Mental Health Counselor (LMHC) National Certified Counselor (NCC) Certified Clinical Mental Health Counselor (CCMHC)	State of Florida1  National Board for Certified  Counselors
School Counseling	Certification in School Counseling National Certified School Counselor ASCA-Certified School Counselor	State of Florida Department of Education National Board for Certified Counselors American School Counselor Association

<sup>1</sup> Other states have similar licensure and requirements. Students must register with the State during their final semesters concerning their plans for meeting the postgraduate experience requirements.

## Student Evaluation, Retention & Matriculation Requirements in the Program

The completion of academic requirements does not automatically assure candidates that the supervisory committee will recommend them for a degree. All students will be reviewed each semester regarding their academic performance. A minimum grade point average (GPA) of 3.00 must be achieved in order for a student to maintain "good standing" in the program. Also students must receive at least a B- in courses that have been designated as "critical" in order to maintain "good standing." An academic average below these minimums in one or more of these performance areas after the second, or subsequent semesters, will result in a student being placed on probationary status. The student must raise his or her deficiencies by the end of the next semester. Failure to maintain performance minimums for two consecutive semesters, or the existence of problems related to adherence to ethical and professional standards (i.e., the American Counseling Association Code of Ethics, the American Mental Health Counselors Association Code of Ethics (for clinical mental health counseling students) the National Career

Development Association Code of Ethics (for career counseling students), American School Counseling Association Ethical Standards for School Counselor (for school counseling students) or the FSU Academic Honor Policy will result in a vote by the faculty to determine whether or not to retain the student in the program. A 3/4 majority vote is necessary for a student to be retained. The form in Appendix A is used to structure student evaluations. Ratings are provided of student progress in specific areas and progress towards graduation. The results of the evaluation will be discussed personally with all first-year students, and all other students for whom there is "official concern." Faculty have the discretion to exempt students from the minimum criteria, but this exemption must carry by a three-fourths majority vote.

Five areas are considered when evaluating students:

- 1. Counseling interventions (therapy, consultation);
- 2. Assessment (testing and evaluation);
- 3. Professional and ethical conduct;
- 4. Personal characteristics (maturity, responsibility, receptiveness to supervision, interpersonal effectiveness); and
- 5. Writing skills.

Students are evaluated by the faculty orally during the fall semester and with a written form every spring semester. The Annual Evaluation form (see Appendix A for CE M.S./Ed.S. students) is completed by the major area coordinator. The faculty advisor and the student discuss the results of the spring evaluation and each signs the form, and submitted to the Academic Program Specialist for digital filing/OASIS submission. Failure to achieve a passing score on the second administration of the Ed.S. Comprehensive Portfolio will result in a retention review by the faculty.

<u>NOTE</u>: All incomplete grades (I's) become IE's or F's after one semester, and are computed into the student's GPA. Incomplete grades must be resolved the next semester that the student is enrolled. In order to remain in "good standing," students must receive a Satisfactory evaluation for Internship (SDS 5820), a minimum of a B in practicum (MHS 5801), and a minimum of a B-in other courses designated as critical. A list of the other critical courses follows:

- □ MHS 5400 Introduction to Counseling Theories
- □ MHS 5060 Psychosocial & Multicultural Aspects of Counseling
- ☐ MHS 5511 Group Counseling
- □ RCS 5250 Assessment in Counseling and Rehabilitation

Counseling professionals are expected to demonstrate competence within and across a number of different but interrelated dimensions. Programs that educate and train mental health counseling professionals also strive to protect the public and profession. Therefore, faculty, training staff, supervisors, and administrators in such programs have a duty and responsibility to evaluate the competence of students across multiple aspects of performance, development, and functioning.

# **Evaluation of Competence**

It is important for students to understand that competence in counseling programs is defined and evaluated comprehensively. Specifically, in addition to performance in coursework, seminars, scholarship, comprehensive portfolio, examinations and related program requirements, other aspects of professional development and functioning (e.g., cognitive, emotional, psychological, interpersonal, technical, and ethical) are also evaluated. Such comprehensive evaluation is necessary in order for faculty to appraise the entire range of academic performance, development, and functioning of their students.

Students who have been accepted into any of the graduate degree programs offered by the Counselor Education Program should know, prior to program entry and at the outset of training, that faculty, training staff, supervisors, and administrators have a professional, ethical, and potentially legal obligation to: (a) establish criteria and methods through which aspects of competence other than, and in addition to, students' knowledge or skills may be assessed (including, but not limited to, emotional stability and well-being, interpersonal skills, professional development, and personal fitness for practice); and, (b) ensure, insofar as possible, that students who complete their programs are competent to manage future relationships (e.g., client, collegial, professional, public, scholarly, supervisory, teaching) in an effective and appropriate manner. Because of this commitment, and within the parameters of its administrative authority, the Counselor Education Program strives not to advance, recommend, or graduate students with demonstrable problems (e.g., cognitive, emotional, psychological, interpersonal, technical, and ethical) that may interfere with professional competence in other programs, the profession, employers, or the public at large.

As such, within a developmental framework, and with due regard for the inherent power difference between students and faculty, students should know that their faculty, training staff, and supervisors will evaluate student competence in areas other than, and in addition to, coursework, seminars, scholarship, comprehensive portfolio, examinations or related program requirements. These evaluative areas include, but are not limited to, demonstration of sufficient: (a) interpersonal and professional competence (e.g., the ways in which students relate to clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (b) self-awareness, self-reflection, and self-evaluation (e.g., knowledge of the content and potential impact of one's own beliefs and values on clients, peers, faculty, allied professionals, the public, and individuals from diverse backgrounds or histories); (c) openness to processes of supervision (e.g., the ability and willingness to explore issues that either interfere with the appropriate provision of care or impede professional development or functioning); and (d) resolution of issues or problems that interfere with professional development or functioning in a satisfactory manner (e.g., responding constructively to feedback from supervisors or program faculty; the successful completion of remediation plans; participating in personal therapy in order to resolve issues or problems). For students interested in receiving personal therapy, FSU's University Counseling Center, 201 Student Life Bldg., provides brief counseling and therapy to support students' growth and help them optimize their emotional, interpersonal and intellectual

development. Additional community counseling resources can also be found through <u>Big</u> <u>Bend 211 Information & Referral Service</u>.

This policy is applicable to settings and contexts in which evaluation would appropriately occur (e.g., coursework, comprehensive examinations, independent study, practicum supervision, internship supervision), rather than settings and contexts that are unrelated to the formal process of education and training (e.g., non-academic, social contexts). However, irrespective of setting or context, when a student's conduct clearly and demonstrably (a) impacts the performance, development, or functioning of the student, (b) raises questions of an ethical nature, (c) represents a risk to public safety, or (d) damages the representation of psychology to the profession or public, appropriate representatives of the program may review such conduct within the context of the program's evaluation processes.

As noted previously, the program's evaluation processes and content include an annual evaluation of each student as documented on the evaluation form in Appendix A. The primary purpose of the evaluation is to facilitate student development by enhancing student self-awareness, self-reflection, and self-assessment. Evaluation is also designed to emphasize strengths and areas for improvement, as well as to facilitate the development of remediation plans when necessary. Remediation will be offered provided that faculty, training staff, or supervisors conclude that satisfactory remediation is possible for a given student. Evaluations will include more than one source of information regarding the evaluative area(s) in question (e.g., across supervisors and settings). The faculty advisor will provide the student with a copy of the completed evaluation form and schedule a meeting with the student to discuss the content of each evaluation form. A copy of the completed evaluation form will be placed in the student's folder that is maintained by the program. Students who disagree with the evaluation and retention decisions made by the program faculty may appeal a decision to the department, college, and university according to the rules of the College of Education and the university.

#### **Dismissal Policy**

The Counselor Education Program faculty members have a professional responsibility to serve as gatekeepers for the counseling profession. The gatekeeping refers to the responsibility of all counselors, counselor educators, and student counselors, to intervene with counselor trainees, supervisees, professional colleagues, and supervisors who engage in behavior that could threaten the welfare of those receiving counseling services. This responsibility is mandated in the ethical standards of both the American Counseling Association (ACA) and the National Board for Certified Counselors (NBCC) by specifying that counselors must act to rectify the problematic condition through appropriate organizational and professional channels (ACA, 2014, Section F.5.; NBCC, 2005, Section A).

The program reserves the right to dismiss a student whose conduct is deemed improper or prejudicial to the interest of the University community or whose academic performance is

substandard, regardless of Grade Point Average (GPA). Dismissed students will not be permitted to register for graduate study, including registering as a non-degree student.

Dismissals are processed at the academic program/departmental level and may occur for a number of different reasons, including but not limited to:

- o Inability to function within a team environment to the degree that it negatively affects the learning, practice and/or research of fellow graduate students,
- Demonstration of behavior that is not acceptable with the general community in which the student would be practicing should he or she graduate (typically clinical or school settings),
- o Failure to meet one or more major milestone requirements,
- o Inability to be open, flexible, positive, and cooperative, and the
- o Inability to deal with conflict and accept personal responsibility.

The above examples are also found in the description of the Counselor Education Student Dispositions Rating Form. If others (i.e., faculty and site supervisors) have made similar observations, the program coordinator, major advisor, or other faculty will initiate a meeting with the student to discuss the apparent impediment to progress toward professional competence.

Students will be given specific feedback on the nature of their impediment(s) as well as steps to remove this barrier(s) to progress toward professional competency when appropriate. In many instances a Remediation Plan will be created to provide clear and specific ways the student can improve and continue to progress in the program. Program faculty will meet to discuss the student's failure to meet continuation standards (i.e., retention requirements) and a vote for dismissal will be initiated, guided by the relevant Graduate School policy.

The remediation plan represents a formal agreement between the program and students who has been identified as having impediments to their progress as a counselor in training. Upon receipt of the remediation plan the student will review the plan and provide their signature indicating an understanding of the requirements expected and as agreement to meet the requirements described within. A student who chooses not to sign the remediation plan should understand this will initiate a faculty meeting to discuss the student's failure to meet continuation standards, and a vote for dismissal will be entertained, guided by Graduate School policy. The Chairperson will inform the student of the appeals process.

Dismissal will occur when students violate the criteria established by the Graduate School (See Addendum of Student Handbook Procedures for Dismissing a Graduate Student) (As per I.N.2).

Students in the program, whose cumulative grade point average for graduate courses taken at Florida State University falls below 3.0 at the end of a term (not counting courses for which "S" or

"U" grades may be given) will be considered not in good standing by the University and will be placed on academic probation. If a 3.0 cumulative grade point average is not attained by the end of the next full term of enrollment, the student will be placed on academic dismissal. Academic dismissal constitutes a separation of the student from the University for academic reasons. Students on dismissal will not be permitted to register for courses, including registering as a non-degree student. However, at the time of dismissal, the major professor and/or department chair/director may petition the academic dean for consideration of special circumstances that the professor thinks constitute justification for an exception to this regulation, but under no circumstances will a student be allowed more than one additional term of probation after reinstatement. Owing to the differential uses of the designation, "academic probation" shall not appear on permanent records of regular graduate students. After one probationary period, however, a student whose average falls within the probationary range will receive automatic dismissal. Statuses of "academic warning," "probation," or "reinstated from dismissal" do not specifically prohibit a student from participating in extracurricular activities unless otherwise specified by University policy, rules, or by-laws governing the activity or organization. Consideration of the academic dismissal takes priority over any readmission application and must be resolved first. Students on dismissal are not eligible for readmission or the readmission appeal process unless they have first been reinstated by the academic dean. The academic dean is the final authority for reinstatement considerations.

Dismissal for failure to meet continuation standards related to academic and clinical competency will occur when a student:

- 1. Earns a B- or below in MHS 5400 Introduction to Counseling Theories,
- 2. OR earns a B- or below in MHS 5060 Psychological & Multicultural Aspects of Counseling
- 3. OR earns a B- or below in MHS 5511 Group Counseling
- 4. OR earns a B- or below in 5250 Assessment in Counseling and Rehabilitation
- 5. Or earns a B- or below in MHS5801 Practicum
- 6. Or earns a less unsatisfaction score for SDS5820 Internship

Due to the nature of the program, students can be dismissed for professional competence concerns (i.e., unrelated to success with course assignments and grades). The American Counseling Association Code of Ethics (2014) requires counselor educators provide remediation and/or dismissal from counseling programs when "they become aware of limitations that might impede performance" or when students are unable to demonstrate "they can provide competent counseling services to a range of diverse clients (6.f.b.)." As stated above, gatekeeping is an ethical mandate for counselor educators and designed to protect counselors in training and their current and future clients. Professional competence concerns that could lead to dismissal include, but are not limited to, impairment, academic dishonesty, ethical violations, lack of professional comportment, personal attitudes or value systems that conflict with effective counseling relationships, and personal concerns or psychopathology.

#### **Grade Appeals System**

The purpose of the grade appeals system is to afford an opportunity for students to appeal a final course grade under certain circumstances. The Grade Appeals System is outlined on the FSU Office of Faculty Development and Advancement website: <a href="http://fda.fsu.edu/Academic-Resources/Academic-Integrity-and-Grievances/Grade-Appeals-System">http://fda.fsu.edu/Academic-Resources/Academic-Integrity-and-Grievances/Grade-Appeals-System</a>.

## **Readmission to the Program**

Students who find it necessary to interrupt their progress in the program may be readmitted according to the established readmission policy. Under special circumstances, graduate students may apply for a leave of absence from the university for a specific period of up to three consecutive semesters, including summer term:

 $\underline{https://gradschool.fsu.edu/sites/g/files/imported/storage/original/application/05a07060e73c286f}\\0610e0d211568\ 967.pdf$ 

Students must seek readmission if they have not registered for at least three (3) hours of credit for a period of two (2) consecutive semesters, including the summer term. Applications must be submitted prior to program deadlines (see Admissions section above). The criteria for readmission are as follows:

- 1. In academic coursework already taken in the program, the student applying for readmission must demonstrate at least a 3.0 GPA in courses completed, including a minimum of B- in the critical courses identified previously.
- 2. Readmission will be considered in light of current enrollment numbers in the MS/Ed.S. programs and the availability of "openings" to accommodate returning students. This recognizes the reality that full-time, matriculating alternates may replace non-matriculating students.
- 3. Students who have been absent from the program for eight (8) consecutive semesters must meet any new admission requirements. At the discretion of the supervisory committee, they may be required to take additional coursework over and above that detailed in their program of study.
- 4. All hardship leave petitions need to be submitted to the department chair and student supervisory committee chair for appropriate action.

Procedures for readmission are as follows:

- 1. The student must submit a personal statement detailing:
  - a. Reasons for non-matriculation.
  - b. A rationale in support of his/her readiness to continue graduate study to the successful completion of the degree. This rationale must include steps taken or changes made to address the "reasons" expressed in the previous section and a

detailed plan that outlines the student's program for a timely completion after readmission.

- 2. The student must be interviewed by program faculty.
- 3. After reviewing the student's prior academic performance, personal statement, and interview results, the program faculty for the major area will recommend to allow or deny readmission to the program.
- 4. The Counselor Education faculty must vote on the readmission recommendation. If the recommendation is to readmit, then the faculty vote must be approved by a 3/4 majority in favor of readmission in order for the motion to carry.

# **Counselor Education Comprehensive Portfolio**

Student attainment of learning objectives will be evaluated each semester through the Counselor Education Student Portfolio. Artifacts for the Counselor Education Student Portfolio must be submitted electronically each semester through Via. This portfolio collects the work that has been completed during a student's graduate school learning experience based upon the eight common core curricular areas of the CACREP standards and the specialization domains of Career Counseling, Clinical Mental Health Counseling, and School Counseling. Each curricular core area and specialization domain has at least one Student Learning Objective (SLO) that students must achieve in order to progress through and graduate from the Counselor Education program. Students will demonstrate this achievement by submitting specific artifacts as evidence of their competency. Moreover, students will submit a resume, 5 year career plan, and answer two portfolio questions to successfully fulfill requirements . See Appendix D for comprehensive portfolio directions and requirements.

#### **Demonstration of Adequate Counseling Skills for Counseling Students**

MS/Ed.S. degree students are responsible for the demonstration of an adequate level of proficiency in counseling during their graduate program. The faculty assess student counseling skills at the end of MHS 5400 and MHS 5801. Students must achieve a grade of at least a "B-" in courses designated as critical, and students must achieve a grade of at least a "B" in practicum (MHS 5801) in order to begin an internship.

Students must receive a satisfactory rating on their final evaluation on any semester of internship (SDS 5820) in order to enroll for internship for the subsequent semester(s). Students who fail to receive a satisfactory rating on their semester final evaluation must retake that semester's internship class.

#### **Self-Evaluation and Personal Growth**

The students' ability to attain a satisfactory degree of self-understanding and an acceptable amount of skill in their own interpersonal relationships is as important as academic

performance. In order to accomplish these objectives, each student is encouraged to participate in personal growth experiences, which are available within the University and local community. Some examples include individual and group counseling (available through the FSU <u>University Counseling Center</u>), professional development workshops offered by the FSU Graduate School (<u>www.gradschool.fsu.edu/Professional-Development</u>) and related campus organizations.

# Student Participation in Professional Development Activities and Professional Associations

Students are encouraged to participate in available professional development activities in the form of conventions, conferences, workshops, seminars, and colloquia sponsored by professional associations,

institutions, and other organizations. The faculty *strongly* encourage students to become members of and actively participate in professional associations. Making contributions to professional associations is considered to be a key element in the ongoing professional development of counselors. Students are especially encouraged to join the American Counseling Association, <a href="www.counseling.org">www.counseling.org</a>, specialized professional organizations (e.g., the American Mental Health Counselor Association (<a href="www.amhca.org">www.amhca.org</a>) or the National Career Development Association (<a href="www.ncda.org">www.ncda.org</a>) and other state and national organizations, as appropriate.

FSU's Congress of Graduate Students makes available a limited amount of funds to support students who are conducting research and presenting at professional meetings. Visit their website to obtain additional information and to access the required forms. Limited funding to support student presentations at professional meetings is also typically available through the EPLS Department. Contact Bryan Richards in 3210 Stone for additional information and to obtain a copy of the fund request form.

Students may receive an excused absence from Counselor Education Program classes for professional development activities provided that the following conditions are met: (1) arrangements are made in advance with the faculty member teaching the course; (2) the faculty member agrees that course content can be adequately obtained via notes, other media, and/or discussion; (3) the student has demonstrated an acceptable level of course performance and attendance; and (4) when requested, evidence of attendance to the professional development activity in question.

#### **Graduate Student Association**

The Counselor Education Student Association (CESA) is a student-led graduate organization developed to discuss issues and concerns that affect students; to provide opportunities to develop leadership skills; to promote public outreach; to sponsor speakers, events, and professional development workshops; and to establish links with professionals and

organizations in the community. Join CESA on Facebook at: www.facebook.com/CESAFSU?ref=stream.

## Policy on Professional Outside Work by Students

Full-time graduate study is a rigorous enterprise, and students should maintain realistic expectations regarding outside work relative to their progress in their program. Students in training *must not* represent themselves as licensed or certified counselors by their statements, their roles, or the nature of their work. When students are engaged in work that is "counseling," "psychological," or "human service" in nature, they <u>must</u> be directly supervised on a regular basis by an appropriately licensed or certified professional.

#### **Policy on Student Endorsement**

The faculty who endorse the competence of students successfully completing a major in career counseling or clinical mental health counseling are required to be professionally affiliated with that specialty area. In order to receive an endorsement from a faculty member for career counseling or clinical mental health counseling, a student must complete all the requirements of the major area. Students must content the coordinator of career counseling or clinical mental health counseling when requesting endorsement for a job application.

# Policy on Group Activity Participation & Group Leadership

CACREP-accreditation standards require counselor education programs to provide "direct experiences in which students participate as group members in a small group activity, approved by the program, for a minimum of 10 clock hours over the course of one academic term." As such, all counselor education majors are required to gain this experience prior to their last semester in the program. Students have the opportunity to participate in an approved group counseling activity for extra credit as part of MHS 5511 Group Counseling. However, some students may wish to complete this requirement through other group counseling activities offered through the University or the community. Students who wish to complete this requirement outside of the Group Counseling course must provide their major professor with information about the group so that it can be approved as an appropriate experience prior to beginning the experience. Students will also be required to provide their major professor with documentation of participation when they complete this requirement (see **Appendix B**).

In addition, CACREP accreditation standards require all counseling students to lead or co-lead a counseling or psycho-educational group during either practicum or internship. **Appendix C** includes a verification form of this activity that must be included in the portfolio. Failure to include this form by the last semester may delay graduation.

#### CURRICULA FOR THE MASTER'S AND SPECIALIST DEGREES

The curricula for the MS/Ed.S degrees in Counseling and Human Systems are designed to enable students to acquire knowledge and skills necessary for the practice of counseling in a variety of applied settings. Courses of study are planned on an individual basis. Major areas of study are available in career counseling or clinical mental health counseling.

## General Knowledge and Skill Foundations for Counselor Education Majors

The MS/Ed.S degrees in Counseling and Human Systems are practitioner-oriented, professional degrees. Each degree and major area emphasizes a balance of theory and knowledge gained from academic courses based in current research, and practice gained from supervised practicum and internship experiences. Course content is regularly updated with new research and through feedback from faculty, students, site supervisors and employers. Programs of study for students seeking MS/Ed.S degrees in Counseling and Human Systems emphasize the following knowledge and skill areas:

- 1. <u>Professional Counseling Orientation & Ethical Practice</u>: Studies that provide an understanding of professional roles and functions; professional goals and objectives; professional organizations and associations; professional history and trends; ethical and legal standards; professional preparation standards; and professional credentialing.
- 2. <u>Social and Cultural Diversity</u>: Studies that provide an understanding of societal changes and trends; human roles; societal subgroups; social mores and interaction patterns; and differing lifestyles.
- 3. <u>Human Growth and Development</u>: Studies that provide an understanding of the nature and needs of individuals at all developmental levels; normal and abnormal human behavior; personality theory; and learning theory within cultural contexts.
- 4. <u>Career Development</u>: Studies that provide an understanding of career development theories; occupational and educational information sources and systems; career and leisure counseling, guidance, and education; lifestyle and career decision-making; and career development program planning, resources, and evaluation.
- 5. <u>Counseling and Helping Relationships</u>: Studies that provide and understanding of philosophic bases of helping processes; counseling theories and their applications; helping skills; consultation theories and their applications; helper self-understanding and self-development; and facilitation of client or consultee change.
- 6. <u>Group Counseling and Group Work</u>: Studies that provide an understanding of group development, dynamics, and counseling theories; group leadership styles; group counseling methods and skills; and other group approaches.
- 7. <u>Assessment and Testing</u>: Studies that provide an understanding of group and individual educational and psychometric theories and approaches to appraisal; data and information gathering methods; validity and reliability; psychometric statistics; factors influencing appraisals; and use of appraisal results in helping processes.

8. <u>Research and Program Evaluation</u>: Studies that provide an understanding of types of research; basic statistics; research-report development; research implementation, program evaluation; needs assessment; and ethical and legal consideration.

#### Faculty

Core Faculty: Erik Hines, Ph.D., Shengli Dong, Ph.D., Simone May, PhD. and Eunhui Yoon, PhD

Affiliate Faculty: Drs. Debra S. Osborn, Ph.D.; Marty Swanbrow-Becker, Ph.D., Deborah Ebener, Ph.D., Casey Dozier, Ph.D.

Adjuncts: Jeff Garis, Ph.D., Virginia Grist-Gordon, Ph.D., Chad Sedam, Ph.D., Sarah Mbiza, Ph.D., Carlos Gomez, Ph.D.

## Career Counseling Major: Master's/Specialist Degree in Counseling and Human Systems

Accredited by the <u>Council for Accreditation of Counseling and Related Educational Programs</u> (CACREP)

## **Purpose**

Career counseling involves those activities performed or coordinated by individuals who have the professional credentials to guide and counsel other individuals or groups of individuals about occupations, careers, life/career roles and responsibilities, career decision making, career planning, leisure planning, career transitions, and other career development activities (e.g., resume preparation, interviewing and job search techniques) and issues or conflicts associated with the previous items. "Students who are preparing to specialize as career counselors will demonstrate the professional knowledge and skills necessary to help people develop life-career plans, with a focus on the interaction of work and other life roles" (CACREP Standards, 2016, p. 20).

# Knowledge and Skill Foundations

Programs of study for students seeking the Masters/Specialist Degree in Counseling and Human Systems with a major in Career Counseling emphasize the following knowledge and skill areas in addition to the eight areas identified in the preceding section dealing with knowledge and skill foundations.

- 1. Foundations of Career Counseling. Studies in this area include, but are not limited to, the following:
  - a. history and development of career counseling
  - b. emergent theories of career development and counseling
  - c. principles of career development and decision making over the lifespan

- d. formal and informal career- and work-related tests and assessments
- 2. Contextual Dimensions of Career Counseling. Studies that provide an understanding of career counseling needs, the network of career services and resources available to individuals, and roles of career counselors as members of service provision teams, include but are not limited to the following:
  - a. roles and settings of career counselors in private and public sector agencies and institutions
  - b. role of career counselors in advocating for the importance of career counseling, career development, life-work planning, and workforce planning to policymakers and the general public
  - c. the unique needs and characteristics of multicultural and diverse populations with regard to career exploration, employment expectations, and socioeconomic issues
  - d. factors that affect clients' attitudes toward work and their career decision-making processes,
  - e. impact of globalization on careers and the workplace
  - f. implications of gender roles and responsibilities for employment, education, family, and leisure
  - g. education, training, employment trends, and labor market information and resources that provide information about job tasks, functions, salaries, requirements, and future outlooks related to broad occupational fields and individual occupations
  - h. resources available to assist clients in career planning, job search, and job creation
  - i. professional organizations, preparation standards, and credentials relevant to the practice of career counseling
  - j. legal and ethical considerations specific to career counseling

## 3. The Practice of Career Counseling.

- a. intake interview and comprehensive career assessment
- b. strategies to help clients develop skills needed to make life-work role transitions
- c. approaches to help clients acquire a set of employability, job search, and job creation skills

- d. strategies to assist clients in the appropriate use of technology for career information and planning
- e. approaches to market and promote career counseling activities and services
- f. identification, acquisition, and evaluation of career information resources relevant for diverse populations
- g. planning, implementing, and administering career counseling programs and services

## Professional Development and Certification Options

The faculty strongly encourage students to become members of and actively participate in professional associations. Making contributions to professional associations is considered to be a key element in ongoing professional development of counselors. Students specializing in career counseling are especially encouraged to join the National Career Development Association, <a href="www.ncda.org">www.ncda.org</a>, the American Counseling Association, <a href="www.counseling.org">www.counseling.org</a>, and other state and national organizations, as appropriate.

The Career Counseling Specialization is designed to fulfill the <u>preparation component</u> of the National Board for Certified Counselors requirements for designation as a National Certified Counselor (NCC) and for Master Career Counselor certification by the National Career Development Association (ncda.org). Students seeking NCC status must also achieve a passing score on the National Counselor Examination. For more information, contact the National Board for Certified Counselors, 3-D Terrace Way, Greensboro, NC 27403, <a href="http://www.nbcc.org/">http://www.nbcc.org/</a>.

Courses	Career Counseling Plan of Study	Credit Hours
SDS5860	Supervised Teaching * Students will take one hour- during Fall 1 or Fall II and will teach that following Spring.	1
Fall 1	<u>Courses</u>	<u>Hours</u>
MHS 5400*	Introduction to Counseling Theories and Techniques	4

MHS 5060*	Psychosocial and Multicultural Aspects of Counseling	3
MHS 5340*	Foundations of Career Counseling	4
MHS 6450*	Substance Abuse and Addictions Counseling	3
Total		14
Spring 1	<u>Courses</u>	<u>Hours</u>
CLP 6169*	Adult Development and Psychopathology	3
RCS 5250*	Assessment in Counseling and Rehabilitation	3
MHS 5511*	Group Counseling	3
MHS 6466	Trauma and Crisis Counseling	3
Total		12
<u>Summer</u>	<u>Courses</u>	<u>Hours</u>
MHS 5801*	Practicum	4
DEP 5068*	Life Span Development	3
MHS 5435	Family Counseling	3

Total		10
Fall 2	Courses	<u>Hours</u>
SDS 5820*	Internship	6
MHS 5341*	Program Evaluation	3
SOW 5153	Human Sexuality	3
Total		12
Spring 2	<u>Courses</u>	<u>Hours</u>
SDS 5820*	Internship	6
MHS 6600	Ethical, legal and professional issues in counseling	3
EDF 5481*	Methods of Educational Research	3
MHS 7692	COMPS	0
Total		12
	TOTAL HOURS	61

Courses with CACREP-required signature assessments for your CACREP portfolio are denoted by  $\ast$ 

Clinical Mental Health Counseling Major: Master's/Specialist Degree in Counseling and Human Systems

Accredited by the Council for Accreditation of Counseling and Related Educational Programs

### <u>Purpose</u>

Clinical mental health counseling is the provision of professional counseling services, involving the application of principles of psychotherapy, human development, learning theory, group dynamics, and the etiology of mental illness and dysfunctional behavior to individuals, couples, families, and groups, for the purposes of treating psychopathology and promoting optimal mental health. Counseling views the individual from a holistic perspective and incorporates goals related to wellness, uniqueness, self-responsibility, and social and vocational involvement for individuals with disabilities.

The practice of clinical mental health counseling includes, but is not limited to, diagnosis and treatment of mental and emotional disorders, psycho-educational techniques aimed at the prevention of such disorders, consultation to individuals, couples, families, groups, organizations, and communities, and clinical research into more effective psychotherapeutic treatment modalities. Promotion and enhancement of healthy, self- actualizing, and satisfying lifestyles are the goals of clinical mental health counseling, whether the services are rendered in educational, business/ industry, health/medical, private practice, community-based mental health, or human services settings. "Students who are preparing to specialize as clinical mental health counselors will demonstrate the knowledge and skills necessary to address a wide variety of circumstances within the context of clinical mental health counseling" (CACREP 2016, p. 22).

#### Knowledge and Skill Foundations

Programs of study for students seeking the Master's/Specialist Degree in Counseling and Human Systems with a Clinical Mental Health Counseling Specialization emphasize the following knowledge and skill areas in addition to the eight areas identified in the preceding section dealing with knowledge and skill foundations.

- 1. **Foundations of Clinical Mental Health Counseling.** Studies in this area include, but are not limited to, the following:
  - a. history and development of clinical mental health counseling
  - b. theories and models related to clinical mental health counseling
  - c. principles, models, and documentation formats of biopsychosocial case conceptualization and treatment planning
  - d. neurobiological and medical foundation and etiology of addiction and cooccurring disorders
  - e. psychological tests and assessments specific to clinical mental health counseling

- 2. **Contextual Dimensions: Clinical Mental Health Counseling.** Studies in this area include, but are not limited to, the following:
  - a. roles and settings of clinical mental health counselors
  - b. etiology, nomenclature, treatment, referral, and prevention of mental and emotional disorders
  - c. mental health service delivery modalities within the continuum of care, such as inpatient, outpatient, partial treatment and aftercare, and the mental health counseling services networks
  - d. diagnostic process, including differential diagnosis and the use of current diagnostic classification systems, including the *Diagnostic and Statistical Manual of Mental Disorders (DSM)* and the

International Classification of Diseases (ICD)

- e. potential for substance use disorders to mimic and/or co-occur with a variety of neurological, medical, and psychological disorders
- f. impact of crisis and trauma on individuals with mental health diagnoses
- g. impact of biological and neurological mechanisms on mental health
- h. classifications, indications, and contraindications of commonly prescribed psychopharmacological medications for appropriate medical referral and consultation
- i. legislation and government policy relevant to clinical mental health counseling
- j. cultural factors relevant to clinical mental health counseling
- k. professional organizations, preparation standards, and credentials relevant to the practice of clinical mental health counseling
- l. legal and ethical considerations specific to clinical mental health counseling
- m. record keeping, third party reimbursement, and other practice and management issues in clinical mental health counseling
- 3. **Practice of Clinical Mental Health Counseling.** Studies in this area include, but are not limited to, the following:
  - a. intake interview, mental status evaluation, biopsychosocial history, mental health history, and psychological assessment for treatment planning and caseload management

- b. techniques and interventions for prevention and treatment of a broad range of mental health issues
- c. strategies for interfacing with the legal system regarding court-referred clients
- d. strategies for interfacing with integrated behavioral health care professionals
- e. strategies to advocate for persons with mental health issues

## <u>Professional Development and</u> <u>Certification/Licensure Options</u>

The faculty *strongly* encourages students to become members of and actively participate in professional associations. Making contributions to professional associations is considered to be a key element in the ongoing professional development of counselors. Students specializing in clinical mental health counseling are especially encouraged to join the American Mental Health Counselors Association, <a href="http://www.amhca.org/">http://www.amhca.org/</a>, the American Counseling Association, <a href="http://www.counseling.org">http://www.counseling.org</a>, and other state and national organizations as appropriate. The Clinical Mental Health Counseling major is designed to fulfill the <a href="preparation component">preparation component</a> of the National Board for Certified Counselors requirements (NBCC) for designation as a National Certified Counselor (NCC) and the NBCC and Academy of Clinical Mental Counselors Requirements Certified Clinical Mental Health Counselor (CCMHC); and State of Florida requirements for Licensed Mental Health Counselor (LMHC).

#### NCC and CCMHC

Students seeking NCC status must also achieve a passing score on the National Counselor Examination (NCE). Students seeking CCMHC status must also achieve a passing score on the National Clinical Mental Health

Counseling Examination, acquire two years (3000 hours) of supervised work experience in an appropriate setting with 100 hours of supervision provided by a qualified supervisor. For more information, contact the National Board for Certified Counselors at 3-D Terrace Way, Greensboro, NC 27403, http://www.nbcc.org/.

#### **LMHC**

The Florida Department of Professional Regulation, Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counseling mandates requirements for licensure as a Mental Health Counselor in Florida. Students seeking Licensed Mental Health Counselor (LMHC) status must also achieve a passing score on the Written Theory and Practice Examination (Mental Health Counselor) and the Florida Laws and Rules Examination, acquire two years of supervised work experience in an appropriate setting with supervision provided by a qualified supervisor for a period of two years, and obtain three letters of reference. For more information, contact the Florida Department of Professional Regulation, Board of Clinical

Social Work, Marriage and Family Therapy, and Mental Health Counseling, 4052 Bald Cypress Way, Bin C-08, Tallahassee, FL, 32399-3257, Telephone: 850/245-4474, Fax: 850/921-5389, web address: <a href="http://floridasmentalhealthprofessions.gov/">http://floridasmentalhealthprofessions.gov/</a>

Fall 1	<u>Courses</u>	<u>Hours</u>
MHS 5400*	Introduction to Counseling Theories and Techniques	4
MHS 5060*	Psychosocial and Multicultural Aspects of Counseling	3
MHS 5007*	Foundations of Clinical Mental Health Counseling	3
MHS 6450	Substance Abuse and Addictions Counseling	3
Total		13
Spring 1	Courses	<u>Hours</u>
CLP 6169*	Adult Development and Psychopathology	3
RCS 5250*	Assessment in Counseling and Rehabilitation	3
MHS 5511*	Group Counseling	3
MHS 6466	Trauma and Crisis Counseling	3
Total		12
Summe r 1	Courses	<u>Hours</u>

MHS 5801	Practicum in Counseling	4
DEP 5068*	Life Span Development	3
MHS 5435	Family Counseling	3
Total		10
Fall 2	Courses	<u>Hours</u>
SDS 5820*	Internship	6
MHS 5340*	Foundations of Career Development	4
SOW 5153	Human Sexuality	3
Total		13
Spring 2	Courses	<u>Hours</u>
SDS 5820*	Internship	6
MHS 6600	Ethical, legal and professional issues in counseling	3
EDF 5481*	Methods of Educational Research	3
MHS76 92	Counselor Preparation Comprehensive Examination (COMPS)	0

Total		12
	TOTAL HOURS	60

\*Courses 700 hours for the LMHC can include practicum and internship hours. Of these hours, 280 hours must involve direct client contact: 40 hours from practicum and 240 from internship. Students must submit supervision logs for practicum and internship.

#### School Counseling Major: Master's/Specialist Degree in Counseling and Human Systems

The purpose of the School Counseling track at Florida State University is to prepare the next generation of school counselors who are culturally responsive to serve students of diverse backgrounds in urban and rural educational settings; will assist students in the areas academic achievement, college and career readiness, and social/emotional development by creating, developing, evaluating, and implementing a comprehensive school counseling program; close achievement and opportunity gaps; will prevent and remove barriers to educational success through data driven decision making; serve as leaders and advocates to provide access, equity, and social justice for students from historically underrepresented populations; act as systems change agents, and will develop accessible pathways for *ALL* students to have a postsecondary opportunities.

The School Counseling Track is a 3 year, online, part time major with two options for internship experiences. School counseling students can do an internship across two semesters or complete it in the 3<sup>rd</sup> spring semester. School counseling students need to take 3 Florida Teacher Certification Examinations; general knowledge test, professional education test, and subject area examination (i.e., PK-12 Guidance and Counseling). For students with a current Florida Educator Certification only take the subject area examination. General knowledge test needs to be taken and passed before the end of the 1<sup>st</sup> spring semester, the professional education test should be taken before the end of the 2<sup>nd</sup> spring Semester, and the subject area examination should bet take before the end of the 3<sup>rd</sup> Fall semester.

#### FSU School Counseling Program Objectives

Graduates of the school counseling track will:

- 1. Demonstrate knowledge of the foundation, history, and current trends in the field of school counseling.
- 2. Develop counseling skills and demonstrate knowledge of counseling theories to address student issues.
- 3. Facilitate student development in the domains of academic, career, and social/emotional development as described in the American School Counselor Association's National Model and Mindsets and Behaviors for Student Success: K-12 College-and Career-Readiness Standards for Every Student.

- 4. Demonstrate knowledge of the role and function of professional school counselors, particularly in urban and rural educational settings.
- 5. Use individual counseling, group work, and classroom guidance approaches to facilitate student development.
- 6. Demonstrate the ability to use consultation skills and techniques with various school stakeholders (e.g., teachers, administrators, parents).
- 7. Develop school-family-community partnerships to address the needs of and/or provide resources for students and their families from urban and rural educational settings.
- 8. Demonstrate the ability to remove barriers to educational and career pathways by promoting access, equity, and social justice for *ALL* students.
- 9. Design, implement, and evaluate a comprehensive school counseling program.
- 10. Demonstrate knowledge of ethical, legal, and current issues affecting school counselors in educational and community settings.
- 11. Develop measurable outcomes for school counseling programs, activities, interventions, and experiences as well as analyze and use data to enhance school counseling programs.
- 12. Demonstrate skills of cultural competency and responsiveness to work with *ALL* students regardless of race, socioeconomic status, gender, ability, sexual orientation, age, ethnicity, nationality, and religion.

# FSU School Counseling Plan of Study M.S./Ed.S.

#### Option 1

## **Fall 1 (7 Credit Hours)**

- · MHS 5010 Foundations of School Counseling (3)
- · MHS 5400 Introduction to Counseling Theories and Techniques (4)

## **Spring 1 (6 Credit Hours)**

- · EDF 5681 Urban and Rural Schools (3)
- · MHS 5511 Group Counseling: Theory and Practice (3)

### **Summer 1 (9 Credit Hours)**

- TSL 5325: ESOL Instruction in the Content Areas (3)
- · RED 5337: Literacy Across the Content Areas (3)
- · DEP 5068 Lifespan Development (3)

#### Fall 2 (7 Credit Hours)

- · MHS 5340 Foundations of Career Development (4)
- · MHS 5060 Multicultural and Psychosocial Aspects of Counseling (3)

## **Spring 2 (7 Credit Hours)**

- · MHS 5801 Practicum In Counseling (4)
- · RCS 5250 Assessment in Counseling and Rehabilitation (3)

## **Summer 2 (6 Credit Hours)**

- · MHS 5338 College and Career Readiness for School Counselors\*\* (3)
- · MHS 5415 School-Family-Community Partnerships\*\* (3)

### **Fall 3 (11 hours)**

- · SDS 5820 Internship (4)
- MHS 5635School Counseling Program Development and Planning (4)
- · EDF 5481 Methods of Educational Research (3)

## Spring 3 (7 hours)

- · SDS 5820 Internship (4)
- · MHS 6600 Ethical, legal and professional issues in counseling (3)
- · MHS 7962 Specialist in Education Comprehensive Examination (0)

## **Total Credit Hours = 60**

\*\*Can be taken in Summer 1 if students have fulfilled TSL and RED requirements

## Option 2

## Fall 1 (7 Credit Hours)

- · MHS 5010 Foundations of School Counseling (3)
- · MHS 5400 Introduction to Counseling Theories and Techniques (4)

## **Spring 1 (6 Credit Hours)**

- · EDF 5681 Urban and Rural Schools (3)
- · MHS 5511 Group Counseling: Theory and Practice (3)

## **Summer 1 (9 Credit Hours)**

- TSL 5325: ESOL Instruction in the Content Areas (3)
- · RED 5337: Literacy Across the Content Areas (3)
- · DEP 5068 Lifespan Development (3)

## Fall 2 (7 Credit Hours)

- · MHS 5340 Foundations of Career Development (4)
- · MHS 5060 Multicultural and Psychosocial Aspects of Counseling (3)

## **Spring 2 (7 Credit Hours)**

- · MHS 5801 Practicum In Counseling (4)
- · RCS 5250 Assessment in Counseling and Rehabilitation (3)

## **Summer 2 (6 Credit Hours)**

- · MHS 5338 College and Career Readiness for School Counselors\*\* (3)
- · MHS 5415 School-Family-Community Partnerships\*\* (3)

## Fall 3 (7 hours)

- · MHS 5635 School Counseling Program Development and Planning (4)
- · EDF 5481 Methods of Educational Research (3)

## Spring 3 (11 hours)

- · SDS 5820 Internship (8)
- · MHS 6600 Ethical, legal and professional issues in counseling (3)
- · MHS 7962 Specialist in Education Comprehensive Examination (0)

#### **Total Credit Hours = 60**

\*\*Can be taken in Summer 1 if students have fulfilled TSL and RED requirements

**Comprehensive Assessment Plan** 

For an overview of our Comprehensive Assessment Plan, see Appendix E

**Revisions to this Student Handbook** 

Due to ongoing changes occurring in our state, our institution, and our professions, faculty reserve the right to make revisions and additions to this Student Handbook in order to better meet the needs of our students and the individuals we serve. Students are responsible for keeping up to date with any periodic changes that are made to the Student Handbook. Any questions about modifications to the handbook should be directed to the student's supervisory committee chair.

#### **Counselor Education Faculty**

# CORE FACULTY



#### Shengli Dong, Ph.D., Associate Professor

Education: Ph.D., University of Maryland College Park, Counselor Education with focus on rehabilitation, 2011. Professional Qualifications: Certified Rehabilitation Counselor (CRC), National Certified Counselor (NCC). Memberships in Professional Organizations: American Counseling Association; American Rehabilitation Counseling Association; Chi Sigma Iota International Counseling Honor Society. Areas of Interest: Dr. Dong's current research focuses on workplace and academic accommodations, transition issues to work and postsecondary education for youth with disabilities, mindfulness in counseling, multicultural counseling, and social justice in counseling. Dr. Dong has published around 50 publications (i.e., peer reviewed journal articles, book chapters, conference proceedings) in various outlets such as Rehabilitation Psychology, Rehabilitation Counseling Bulletin, Career Transition and Development for Exceptional Individuals, Journal of College Student Development, and Mindfulness. In addition, he has conducted more than 60 professional presentations at international, national, state, and local levels. He recently obtained a grant award from NIH on preventing depression among Chinese immigrant adolescents. Dr. Dong serves as editorial board members for several flagship journals in his research areas such as Journal of Multicultural Counseling and Development, Rehabilitation Counseling Bulletin, Journal of Rehabilitation, and the Journal of Vocational Rehabilitation. Furthermore, he serves on the Council on Diversity and Equity and Research Committee for the National Council of Rehabilitation Education. In addition, he is one of the founding members of Asian American Rehabilitation Association.



#### Eunhui Yoon, Ph.D, NCC, NCYC (Korea), Assistant Professor

<u>Education:</u> Ph.D, University of Florida, Counseling and Counselor Education, 2015.

Professional Qualifications: National Certified Counselor.

Professional Affiliations: American Counseling Association (ACA), Association for Counselor Education and Supervision (ACES), American School Counselor Association (ASCA), Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE), Association for Multicultural Counseling and Development (AMCD), Korean Counseling Association (KCA)

Areas of Interest: LGBTQ+ issues in counseling, Supporting and advocating for traditionally marginalized populations in counseling and school system, Counselors' and counseling students' burnout, and Scale development and validation.

Dr. Yoon has published several book chapters and peer-reviewed journal articles in national and international journals such as *Journal of Counseling and Development*, *Counselor Education and Supervision, Journal of Asian Pacific Counseling*, and *Korean Journal of Counseling Psychotherapy*. She has served as an editorial board member of the *Journal of LGBTQ Issues in Counseling* since 2016, as an adjunct reviewer of the *Journal of Multicultural Counseling and Development* since 2017,

and a reviewer of the *Korean Journal of Counseling* since 2016 and has been appointed as an associate editor of the journal from 2021.



## Viola (Simone) May, Ph.D., Teaching Faculty I

<u>Education:</u> Ph.D, Auburn University, Counselor Education and Supervision, 2017

<u>Professional Qualifications</u>: National Certified Counselor (NCC)

<u>Professional Affiliations</u>: American Counseling Association, Association for Counselor Education and Supervision, Association for Multicultural Counseling and Development, and American Association of Colleges for Teacher Education

<u>Areas of Interest</u>: trauma, crisis, and multicultural issues with an emphasis on higher education preparation, success, recruitment, and retention.



Education: Ph.D., University of Tennessee, Knoxville, Counselor Education 2022. <u>Professional Qualifications:</u> Licensed Professional Clinical Counselor Supervisor (LPCC-S), Licensed Clinical Alcohol and Drug Counselor (LCADC), National Certified Counselor (NCC)

Memberships in Professional Organizations: American Counseling Association (ACA), Association for Counselor Education and Supervision (ACES), Chi Sigma Iota International Honor Society (CSI), National Career Development Association (NCDA), & Florida Counseling Association (FCA).

Areas of Interest: Dr. LaFever's (he | him | his) current research has been factors that support wellness in career such as supervision, resilience, posttraumatic growth, and belonging. He has co-authored multiple articles and presented at local, state, regional, and national conferences on this and related topics. Dr. LaFever is professionally involved with committees across ACES, CSI, NCDA, and FCA and serves as an ad hoc reviewer for the Journal of Counselor Leadership and Advocacy. His professional experiences have included working in a variety of settings including university career, school, integrated health, substance use, and community mental health. Dr. LaFever embraces a counselor identity and advocates for empowering wellness across our communities.



**Education**: PhD in Counselor Education & Supervision, University of South Carolina, 2023

#### **Professional Qualifications**:

- Licensed Professional Counselor (LPC) (South Carolina | Georgia)
- National Certified Counselor (NCC)

#### **Memberships in Professional Organizations**:

- American Counseling Association (ACES)
- Association for Counselor Education & Supervision (ACES)
- Southern Association for Counselor Education & Supervision (SACES)
- Association for Multicultural Counseling & Development (AMCD)
- South Carolina Counseling Association (SCCA)

<u>Areas of Interest:</u> Dr. Johnson is interested in multicultural counseling with a focus on cultural humility development in counseling. Dr. Johnson is also interested in social justice and advocacy in counseling specifically when working with Black populations.



## Debra Osborn, Ph.D., Associate Professor

Contact Person, Career Counseling Major; Co-Director, Center for the Study of Technology in Counseling and Career Development. Education: Ph.D., Florida State University, Combined Program in Counseling Psychology and School Psychology, 1998. Professional Qualifications: Master Career Counselor (MCC), National Certified Counselor (NBCC), Past President of National Career Development Association (NCDA) and Florida Career Development Association, Governing Counsel American Counseling Association (ACA). Memberships in Professional Organizations: ACA; Florida Counseling Association; FCDA; NCDA; Association for Counselor Education & Supervision. Areas of Interest: design & use of technology in counseling; innovation



## Casey Dozier, Ph.D., Teaching Faculty I

Education: Ph.D., Florida State University, Combined Program in Counseling Psychology and School Psychology,2013. Professional Qualifications: National Certified Counselor (NCC), National Board for Certified Counselors, #260265; Licensed Psychologist, State of Florida, #PY9126. Membership in Professional Organizations: American Psychological Association, National Career Development Association. Areas of Interest: Enhance the delivery of individual and group career services, including distance counseling, self-help resources, and supervision, with an emphasis on integrating theory, research, and evidence-based practice. Examine mental health and career development variables in relation to informed and careful decision making.

#### APPENDIX A

#### ANNUAL EVALUATION OF CE M.S./Ed.S STUDENTS

In accordance with program policy, all Masters/Ed.S. students will receive a written evaluation once per year, in the Spring semester. Additional evaluations will occur (a) if requested by any professor or (b) the semester following any evaluation in which "Official Concern" was checked for any item in Part A. This form will be filled out by the coordinator for the student's major area. After review by the CE program faculty, one copy will be given to the student and one will remain in the student's file. Faculty will implement a remediation plan for any student who receives an "Official Concern" for any item in part A.

NAME:	PROGRAM ENTRY DATE:
SUPERVISORY	
COMMITTEE CHAIR: DATE	
OF CURRENT	

## A. Summary of Academic Progress:

**EVALUATION:** 

<ol> <li>Counseling interventions (therapy, consultation)</li> </ol>	Official Concern	Acceptable
2. Assessment (testing and evaluation)	Official Concern	Acceptable
3. Professional and ethical conduct	Official Concern	Acceptable
4. Personal characteristics (maturity, responsibility,	Official Concern	Acceptable
receptiveness to supervision, interpersonal effectiveness)		
5. Writing skills	Official Concern	Acceptable

6. Progress toward graduation	Official Concern	Acceptable
7. Appropriate GPA	Official Concern	Acceptable
B. Comments and a remediation plan ( <i>if o</i> j	fficial concern):	
Signatures		
Advisor:	Date:	
Student:	<u>Date:</u>	

# APPENDIX B

# **VERIFICATION OF GROUP ACTIVITY HOURS**

Counselor Education
Program
Florida State University

Student Name:
Degree Major:
Semester Hours
Completed: Agency
sponsoring the
group: Type of
Group:
Hours of group participation during the semester:
The undersigned verifies that the student participated in direct experiences as group members in a small group activity for a minimum of 10 clock hours over the course of one academic term.
Name of Agency Representative Verifying the Student's Participation:
Signature of Agency Contact
Date

## APPENDIX C

# VERIFICATION OF LEADING A COUNSELING OR PSYCHO-EDUCATIONAL GROUP

Counselor Education Psychological and Counseling Program Florida State University

Student Name: Degree			
Major:			
When Completed:	_Practicum	_Fall Internship	Spring Internship
Type of Group:	Counseling	Ps	ycho-educational
The undersigned verifies that the student led or co-lead a counseling or psycho-educational group as part of practicum or internship as indicated above.			
Name of Supervisor Veri	fying the Student's Parti	cipation:	
Supervisor Signature			
Date			

#### APPENDIX D

#### **Counselor Education Program Comprehensive Portfolio**

Students in the Counselor Education program must complete a comprehensive portfolio in order to successfully graduate from the program. The purpose of the comprehensive portfolio is to assess student knowledge and competence after completing the counseling curriculum. Students will submit materials through Via in a portfolio format. The comprehensive portfolio shall be evaluated through the use of a rubric and on a grade of pass/fail. Below is a list of the artifacts required for the comprehensive portfolio.

- A. Title Page (Name, Specialty Area-Career, CMHC, or School)
- B. Resume
- C. Five Year Plan of Action
- D. Counseling Framework or Orientation
- E. Specialty Area Questions

Please follow the instructions for successfully completing the comprehensive portfolio as outlined in the following section.

#### **Title Page**

Students will create a title page, APA style, with their name, specialty area, and write the term Comprehensive Portfolio.

## **Resume**

Students need to submit their latest resume.

### Five Year Plan of Action

Students will create a five-year plan detailing their career goals and how they will attain them. Further, the career goals should include any leadership and entrepreneurial aspirations. Moreover, students should explain the resources (e.g., education, finances, relationships) needed to successfully accomplish their five-year plan.

#### **Counseling Framework or Orientation**

Students will discuss their counseling framework(s) or theoretical orientation(s) they intend to use in the profession. Students must explain their rationale for choosing the framework(s) or orientation(s) and how they came to the decision of using it. Students should write a maximum of two pages for this section.

## **Specialty Area Questions**

Students will be given two questions to answer to ascertain knowledge of their specialty area (Career, CMHC, or School). Students must use appropriate citations and references if needed. Each question should be a minimum of 6 pages and no longer than 8. Please submit the paper in APA style (without the abstract section).

If you have any issues with submitting the portfolio into Via please contact the Academic Program Specialist for assistance, Alyssa Weiskopf at (850) 644-8046 or aweiskopf@fsu.edu.