

Clinical Mental Health Counseling Plan of Study

Fall 1	Courses	Hours
MHS 5400*	Introduction to Counseling Theories and Techniques	4
MHS 5060*	Psychosocial and Multicultural Aspects of Counseling	3
MHS 5007*	Foundations of Mental Health Counseling	3
MHS 6450	Substance Abuse and Addictions Counseling	3
Total		13
Spring 1	Courses	Hours
CLP 6169*	Adult Development and Psychopathology	3
RCS 5250*	Assessment in Counseling and Rehabilitation	3
MHS 5511*	Group Counseling: Theory and Practice	3
MHS 6466	Trauma & Crisis Intervention	3
Total		12
Summer	Courses	Hours
MHS 5801	Practicum in Counseling and Rehabilitation	4
DEP 5068*	Life-Span Human Development	3
MHS 5435	Theories and Fundamentals of Family Therapy	3
Total		10
Fall 2	Courses	Hours
SDS 5820*	Internship	6
MHS 5340*	Foundations of Career Development	4
SOW 5153	Human Sexuality	3
Total		13
Spring 2	Courses	Hours
SDS 5820*	Internship	6
MHS 6600	Consultation and Organizational Development	3
EDF 5481*	Methods of Educational Research	3
MHS 7962	Specialist in Education Comprehensive Examination	0
Total		12
	TOTAL HOURS	60

- Courses with CACREP-required signature assessments (SAs) for your CACREP portfolio are denoted by *