

# ANGELA KAMARI SEHGAL EdD, LAT, ATC

## Office

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## **EDUCATIONAL PREPARATION**

- 1995 to 2002 Florida State University, Tallahassee, Florida  
Doctor of Education  
Department of Educational Leadership and Policy Studies  
Date of Graduation: August, 2002
- 1988 to 1990 Florida State University, Tallahassee, Florida  
Master of Science in Physical Education, Athletic Administration
- 1984 to 1988 Anderson University, Anderson, Indiana  
Bachelor of Arts, Athletic Training and Physical Education

## **PROFESSIONAL EXPERIENCE**

- 1998-Present Florida State University, Tallahassee, Florida  
***Program Director, Athletic Training***  
Coordination of all aspects of developing a new athletic training baccalaureate program and earned national accreditation from the Commission on Accreditation of Athletic Training Education Programs (CAATE) in 2003 and ten year re-accreditation in 2009.  
Assignment includes course instruction in athletic training and therapeutic modalities, undergraduate student advising, athletic training student in-service programming, and public relations regarding athletic training/sports medicine.  
Liaison for off-campus allied and affiliate health clinical education for student athletic trainers. As an Approved Clinical Instructor Educator (CIE), responsible for the development and implementation of all clinical instructor workshops. Through the American Red Cross, instructor trainer for Professional Rescuer, Automated External Defibrillation, and Standard First Aid certification.

- 2011-2014 Florida State University, Tallahassee, Florida  
**Associate Director, Institute of Sports Sciences and Medicine (ISSM)**  
 Coordination of all aspects of the new ISSM which serves as a multidisciplinary, developmental center, providing research and educational programs in sports sciences, sports medicine, athletic/human performance, and injury prevention to the medical and scientific community and the general public.
- 2003-Present Florida State University, Tallahassee, Florida  
**Director, Pre-Health Professions Living Learning Community-Reynolds Hall**  
 This program is specifically designed for 40 first-year students and is offered through the College of Human Sciences. The theme of this program is focused on pre-health occupation preparation. The focus of wellness is on student awareness in various clinical fields of practice including athletic training, medicine, nursing, physician's assistant, physical therapy and other allied health professions. Assignment includes developing, implementing and maintaining all aspect of the program including coordination with department chairpersons and faculty from Nutrition, Food and Exercise Sciences, Textiles and Consumer Sciences, and Family and Child Sciences. In addition to academic coordination, responsibilities include colloquium programming, chair of the Living Learning Community-Reynolds Hall committee, and member of the campus-wide Living Learning Communities.
- 2010-Present Florida State University, Tallahassee, Florida  
**Athletic Training Faculty Liaison for University Health Services**  
 Assisted in the facility and equipment design for the inaugural opening of the Athletic Training Clinic located within the new University Health and Wellness Center. Coordinated with Campus Recreation to hire (3) graduate assistant, certified and licensed athletic trainers to care for intramural and recreational sports on campus.
- 2004-2007 Florida State University, Tallahassee, Florida State University  
**Committee Member**  
 Appointed by The Florida State University Provost to the Council for Teacher Education. This Council coordinates the undergraduate teacher education programs throughout the University in accordance with policies established by the schools and colleges.
- 2004 – 2006 State of Florida Board of Athletic Training, Tallahassee, Florida  
**Board of Athletic Training Member**  
 Appointed by Governor Jeb Bush to represent the athletic training profession in the state of Florida. The Board of Athletic Training regulates issues related to athletic training/sports medicine practices within the state of Florida.

- 2007-2013                    State of Florida Board of Athletic Training, Tallahassee, Florida  
**Chair- Board of Athletic Training**  
Elected by the members of the Board of Athletic Training as President effective Fall 2007 to present.
- 2004 -2007                    National Chapter of the American Red Cross, Washington, D.C.  
**Panel Member**  
Selected a member of the First Aid/CPR/AED Program Advisory Group to provide recommendations on certified layresponder programs, products and courses.
- 1991-2001                    Florida State University, Tallahassee, Florida  
**Assistant Athletic Trainer**  
Responsibilities included the prevention, treatment, and rehabilitation of athletic injuries for all female athletes. This included working with team physicians as well as other medical specialists in the community. Specific clinical duties included the medical care of the women's soccer and basketball teams. Primary administrative duties included the development and implementation of the athletic insurance program, assistance with the drug testing program, and medical provider account development. As of 2001, the athletic insurance program saved the university approximately \$2,000,000 over eight years.
- May 1996                      The Florida State University, Tallahassee, Florida  
**Staff Certified Athletic Trainer**  
1996 National Collegiate Athletic Association Women's Tennis Championships. Provided medical coverage for the nation's elite women's tennis players.
- 1991 to 2001                    Tallahassee Orthopedic Clinic, Tallahassee, Florida  
**Certified Athletic Trainer**  
Provided medical coverage for local high school football players and served as a liaison between team physicians and head coaches.
- July 1991                      National Junior Olympics, Tallahassee, Florida  
**Certified Athletic Trainer**  
Provided medical coverage for all athletes and assisted with medical coordination of staff and supplies.
- 1990-1991                    Thomas Edison High School, Alexandria, Virginia  
**Physical Education Teacher, Head Athletic Trainer**  
Taught freshmen/sophomore physical education activity classes, and a basic athletic training course. Established an athletic training student program, while providing medical care for fourteen girl's and boy's sports.

- 1988 -1990                      Florida State University, Tallahassee, Florida  
***Graduate Assistant Athletic Trainer***  
Responsibilities included the prevention, treatment, and rehabilitation of athletic injuries for all female athletes. This included working with team physicians as well as other medical specialists in the community. Specific clinical duties included the medical care of the women's volleyball and track teams.
- 1984 - 1988                      Anderson University, Anderson, Indiana  
***Women's Basketball Team Member***  
Team member for four years and named tri-captain senior season.
- July 1987                         **Pan American Games Drug Testing Escort**  
Indianapolis, Indiana
- August 1987                      **International Special Olympics**, athletic training student  
South Bend, Indiana

### **PROFESSIONAL MEMBERSHIPS**

National Athletic Trainers' Association  
Southeastern Athletic Trainers' Association  
Athletic Trainers' Association of Florida  
National Athletic Trainers' Association Education Research Foundation  
American Alliance for Health, Physical Education, Recreation and Dance  
Indiana Alliance for Health, Physical Education, Recreation and Dance  
Florida Alliance for Health, Physical Education, Recreation and Dance  
State of Florida Board of Athletic Training- Appointed Member, President-Elect

### **CERTIFICATIONS AND LICENSES**

National Athletic Trainers' Association Board of Certification  
State of Florida Athletic Trainer  
American Red Cross - Instructor Trainer-Professional Rescuer, AED, Standard First Aid  
National Athletic Trainers' Association - Clinical Instructor Educator

## **SCHOLARLY ACTIVITIES**

### **RESEARCH**

**2015-Present** Co-Principal Investigator with Kris Stowers, MD Tallahassee Orthopedic Clinic

Pain Perception Among Patients Following Percutaneous Tenotomy of the Patellar Tendon. The study has been approved by Florida State University Human Subjects Committee HSC-2015.16452

### **ORAL PRESENTATIONS**

**"Practical Application of Sport Psychology in Athletic Training"**, Sports Professionals Experience and Research Conference, February 9, 2017.

**"Dermoid Cyst Diagnosis"**, Atlantic Coast Conference Sports Medicine Meeting, 1999.

**"Black Line Syndrome in a Female Basketball Player"**, Atlantic Coast Conference Sports Medicine Meeting, 1998.

**"Anterior Cruciate Ligament Injury in Female Athletes"**, Tallahassee Orthopedic Clinic, Tallahassee, Florida, 1997.

**"Athletic Training and Physical Education"** Florida State University Conference for Educators, Tallahassee, Florida, 1997.

**"Athletic Trainers and High School Athletes"**, Tallahassee Orthopedic Clinic, Tallahassee, Florida, 1996.

**"The Role of the Athletic Trainer Regarding Tennis Injuries"**, National Collegiate Athletic Association Yes Clinic. Tallahassee, Florida, 1996.

**"Athletic Injuries to the High School Female Athlete"**, Tallahassee Orthopedic Clinic, Tallahassee, Florida, 1994.

**"Athletic Training and Sports Medicine"**, Texas College of Chiropractic Medicine, Houston, Texas, 2006.

**"Wellness for Women Administrators: Rested and Ready"**, National Association of Collegiate Women Administrators of the National Collegiate Athletic Association, St. Petersburg, Florida, October, 2007.

**"2009 Legislative and Judicial Update- Board of Athletic Training"**, Athletic Trainers' Association of Florida, Orlando, Florida, April, 2009.

**COURSES TAUGHT at Florida State University**

(1991- Present)

PET 1638/ATR 1800- Introduction to Clinical Athletic Training  
PET 2622C/ATR 3102 - Care and Prevention of Injuries  
PET 3102- Introduction to Exercise Sciences  
PET 3621/ATR 3102 - Athletic Training I  
PET 4632/ATR 4302 - Therapeutic Modalities and Lab – ATR 3942  
PET 4946 - Athletic Training Capstone  
HSC 2400/ATR 2020 - Professional Rescuer CPR/First Aid  
PET 3943- Athletic Training Clinical III  
PET 5945- Sports Sciences Graduate Practicum II  
PET 5930- Graduate Seminar in Movement Science  
PET 3940r/PET 1081 - Living Learning Community Colloquium  
PET 4947 - General Medical Issues Clinical  
FSU President's College – Sports Medicine

**SUPERVISED RESEARCH/DIRECTED INDEPENDENT STUDIES**

HUN 4905-CAAHEP Accreditation Study - Fall 2002  
HUN 4905- Athletic Training Research - Fall 2002 - present  
PET 3940r- Sports Medicine Practicum - Fall 2002 -present

**POSTER PRESENTATIONS**

**"The Perceived Impact of Impending CAAHEP Accreditation on NCAA College and University Athletic Training Education Programs"**, Southeastern Athletic Trainers' Association Annual Symposium, Atlanta, Georgia, 2003.

**"The Perceived Impact of Impending CAAHEP Accreditation on NCAA College and University Athletic Training Education Programs"**, National Athletic Trainers' Association Educator's Conference, Montgomery, Texas, 2005.

**PUBLICATIONS**

**"Campus Collaborators Making Big Impact on Florida State University Campus"**, SportRisk, Risk Management Newsletter for Campus Recreation, Volume 11, Issue 2, December, 2016.

**"Where It Hurts and Why"**, co-authored with Kim Ortloff and published by Basic Health Publisher, New Jersey, released March , 2005.

**"Where It Hurts and Why DVD"**, co-authored with Kim Ortloff and produced by Seminole Productions. Released Fall, 2006.

## **BOARD MEMBER**

State of Florida Board of Athletic Training- 2004-2013  
The Florida State University, College of Education - Council for Teacher Education 2005-07  
The Florida State University, Recreation Board 2005-present  
American Red Cross, National Chapter, CPR, FA, AED, Sports Safety 2005-2007  
Keiser University-Sports Medicine Advisory Board 2017-2018

## **HONORS and AWARDS**

United States Army- Athletic/Academic Achievement Award- 1984  
Kappa Delta Pi- Educational Honor Society - 1987  
Four-year member of the Anderson Univ Women's Basketball Team -1984-1988  
Nominee for the FSU Seminole Leadership Award- 1999  
FSU College of Education Hugh Stickler Award- 2000  
President's Award- Athletic Trainers' Association of Florida - 2006  
Nominee for the FSU Undergraduate Teaching Award - 2006  
Nominee for the FSU Undergraduate Teaching Award – 2007  
Nominee for the FSU Undergraduate Teaching Award – 2014  
Nominee for the FSU Undergraduate Teaching Award- 2015  
Nominee for the FSU Undergraduate Teaching Award- 2016  
Nominee for the FSU Undergraduate Teaching Award-2017  
Nominee for the NATA Gail Weldon Award- 2017  
State of Florida Award for Board of Athletic Training Service-2013  
Award Winner- Florida State University- Partners with a Purpose-2015  
    Awarded for outstanding creation and collaboration of Sports Medicine/Athletic  
    Training services with Campus Recreation and University Health and Wellness

## **REFERENCES AVAILABLE UPON REQUEST**